

Foundation Studies in Anthroposophy

Open House & Introductory Evening Wednesday September 14, 7:30pm - 9:30pm

"Can I give meaning and purpose to my life? Can I begin to develop myself to be of service in this world?"

If these are your questions, this course may be for you.

Foundation Studies in Anthroposophy addresses the longing felt by many thoughtful people today for spiritual substance and meaning in life. It explores how anthroposophy fosters the connection between spiritual and practical realities. Participants experience anthroposophy nourishing the inner life, supporting creativity, and serving the world. Anthroposophy — or spiritual science — is the name Rudolf Steiner gave to his philosophy and work. He describes a path of self-development emphasizing clear thinking, careful observation, refinement of feeling, and strengthening of will.

The Steiner Centre offers two ways of obtaining a certificate in Foundation Studies in Anthroposophy: Encounter - meets at the Steiner Centre with a group of striving individuals and Distance - a one-on-one mentoring program. Both will meet you where you are and help you to take your next steps in bringing meaning to your life.

Come join us on Wednesday evening to learn more.

for more information please contact Julie, our administrator at <u>info@rsct.ca</u> or 905-764-7570 More information is available on our website: <u>www.rsct.ca</u>