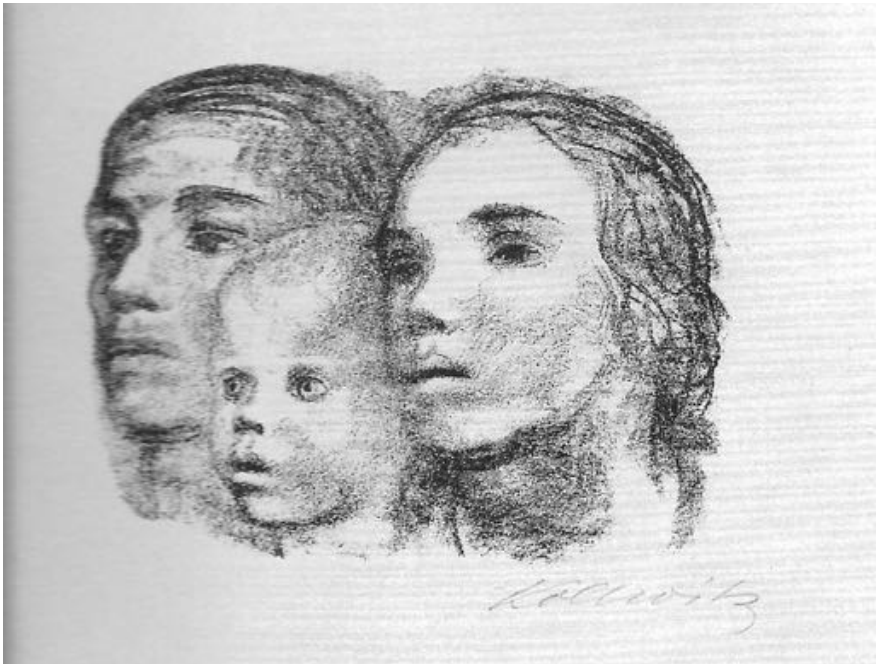


Glimpses

Newsletter of the Anthroposophical
Society in Canada

No. 8 2 Winter 2016/2017



Käthe Kollwitz – Three Watchers

President's letter - November 2016

Dear Members,



Warm greetings!

On Thanksgiving weekend, we had the annual meeting of the Council and Class Holders in Toronto. This meeting, which is supported in the budget of the Society, provides an opportunity for us to come together around a common research topic. It also gives the Class Holders a chance to meet as a group. This research and mutual support provides a solid grounding for the work of the School for Spiritual Science across Canada.

This year the theme of our meeting was “Is the spiritual impulse of the Christmas Conference still an active force for humanity in the 21st century?” Research was shared about what the spiritual impulse was that entered with the Christmas Conference, and where we see it in the Anthroposophical Society worldwide, in Canada, and in the movement.

The 100th Anniversary of the founding of the General Anthroposophical Society at the Christmas Conference in Dornach is in 7 years, in 2023. At the Goetheanum, as well as in many countries, thoughts are turning towards this big commemoration. At our meeting in Toronto we spoke about our vision for the Canadian Society, and shared some ideas about what we can do to prepare, and how we as Society members might engage in this. There will be more to follow in future newsletters.

A Way of Working Together

I had the opportunity to participate in the Freedom Mystery Conference in Thornhill, October 21 to 23. This is the second year this conference has taken place, with plans for a third year.

What excited me about the conference was a way of working in the Society that is manifesting in many different ways and places. The initiative was

taken by Tim Nadelle. He brought a small research working group together during the year to develop and test exercises related to themes in “Philosophy of Freedom.” Then, at the weekend conference, about 35 participants worked in small, facilitated groups, with these exercises that helped us to understand the text, facilitated meeting each other, and gave an experience of working together, and co-creating.

Woven into the weekend, were scenes from the mystery drama, “The Portal of Initiation.” There were keynote talks by both Daniel Hafner and Jonah Evans that deepened the material.

This initiative taking, researching together, and artistic gesture is living strongly in Canada. What arises from our joint activity is connected to the original impulse from the Christmas conference.

With best wishes,

Dorothy LeBaron, President

General Secretary's December Letter 2016



Dear Members,

The meeting of the Goetheanum Executive Committee with the General Secretaries and Section Leaders was held in Dornach from November 1st to 4th. Among the points on the agenda: a) a review of the Michaelmas Conference and b) looking ahead to the 100th anniversary of the founding of the General Anthroposophical Society in 2023. (See the November edition of Anthroposophy Worldwide.)

During our conversations and exchange of ideas, the following points were brought up concerning the Michaelmas Conference:

- The Executive Committee was observed as having been remarkably open to what was brought by the conference

participants. This listening quality was indeed laudable but did not lead to clear decisions as to how to proceed. In fact, for many the Goetheanum's primary function is to provide a place which allows human beings to truly meet one another.

- What can lead to a greater awareness of what is coming towards us from the future? How can we create a listening space within the Society that will allow members to truly voice their concerns? What must we change in our language or in our ways of expressing ourselves? Should we not make a greater effort to understand other spiritual streams?
- We must foster a new culture of working together. It is clear that by opening up this space, those who are in a position of "authority" – those who have the task of "leadership" – become more vulnerable. A way must be found to allow the "horizontal" dimension of meeting and opening up to others to coexist with the "vertical" aspect of inner work.
- How can we find the spirit again, but in a new way? The conference participants wondered what we could do for the world that would be completely new? How can we work towards establishing a more creative human culture?

Preparing for the 100th anniversary of the General Anthroposophical Society (2023)

The Goetheanum Michaelmas Conference had been designed according to the three panels of the Foundation Stone Meditation:

Spirit recalling

Spirit sensing

Spirit beholding.

Although the Foundation Stone Meditation is the key element carried by the organizers of the significant event envisaged for the year 2023, the Goetheanum has not as yet laid out specific plans for the celebration.

On the other hand, several countries have already determined themes for the coming 7 years. The Swiss Society has been quite active in this regard. In the USA, there are plans to take up one of the six subsidiary exercises each year as a preparation for the 2023 commemoration.

As for our Canadian Society, the 1923 Christmas Conference and the Foundation Stone were the central focus of the annual meeting of Council

members with Class Holders in October.

Here in Canada, the Foundation Stone could certainly be a theme that we might all take up, perhaps as the theme for our coming AGM's? It would remain to be seen how the various groups across the country could harmonise their research and share news of their progress. Would it be conceivable that each group undertake an artistic, social or scientific project in which anthroposophy is at work, and report on their results during our AGM's and members' conferences?

The essential thing to keep in mind when preparing this type of commemorative activity is not to focus exclusively on the past, but to cultivate living impulses that can bear fruit for the future of mankind.

Challenges of our Times

The recent world events (our attention is immediately drawn to the elections in the United States) call upon us to look beyond the facts in order to understand the forces at work behind these events. One thing that has struck me recently is the fact that the way we read the news has changed radically. We have only to think of the false information carried by social media outlets and how this appeals to raw emotions. Experts in the media field agree that during the last twenty years a post-factual era has emerged. By appealing to criteria which provoke purely emotional, rather than cognitive, reactions, we come to consider this false news data as being true. Among these we can include rampant conspiracy theories and the controversy surrounding President Obama's birth certificate. Let us recall the words this president spoke on November 17th in the presence of Angela Merkel:

« If we are not serious about what is factual and what's not – and particularly in an age of social media where so many people are getting their information in soundbites and snippets off their phones – if we can't discriminate between serious arguments and propaganda, then we have problems.”

Rudolf Steiner often encouraged us to be vigilant and extremely cautious regarding reported facts, for such false reports can hide forces which are attempting to spread chaos. He always reminded us how spiritual work could bring help in such a context.

Olaf Asteson

At this time of year when the days grow shorter and darker as we approach

Christmas, our souls seek inner light. The ancient Norwegian legend of Olaf Asteson offers an archetypal image of the spiritual journey experienced during the nights leading from Christmas to Epiphany. The following is an excerpt from the Dream Song of Olaf Asteson:

Come listen to my song!
The song of a nimble youth
Of Olaf Asteson will I sing,
Who lay and slept so long.

He laid him down on Christmas Eve
And soon lay deeply sleeping
Nor could be awakened
Until the people went to church
Upon the thirteenth day...

And then, at the end, after going through the many trials:

Michael stood in majesty
And weighed the souls of men
Upon his heavenly scales,
And near him, judging, stood
The Lord of Judgment, Jesus Christ
In Brooksvain, where souls
World judgment undergo.

Blessed is he who in earthly life
Unto the poor gives clothes!
He need not fear the freezing wastes
Of ice in Brooksvain,
Thus speaks the Balance.
And World truth
Sounds forth in spirit heights.

And young and old
they all gave heed,
To Olaf's words they harkened
That told them of his dreams.
You have slept long indeed...
Awaken now, O Olaf Asteson!

This tale recounts the spiritual path which takes Olaf Asteson through the

world of the elements, the evil earthly forces. As he seeks for truth and devotion, he meets Michael and the Christ and pleads for compassion. If understood rightly, this tale can encourage us to gather up the fruits of the Holy Nights within us and find inspirations strong enough to carry us throughout the entire year.

(See Rudolf Steiner's lecture of December 31st, 1914 - Art as seen in the light of Mystery Wisdom, lecture four).

Warm wishes for the Christmas season and a New Year filled with peace and happiness.

Arie van Ameringen
General Secretary.

President's Letter - December 2016

Thank-you to Judy King

In December 2016, Judy King will finish her term as Council member. (See Judy's letter below).

Judy's strong, steady presence, her knowledge about the Society, her clear thinking, good humor, and immediate willingness to serve, will be missed.

For 5 years Judy served the Society in the position of Secretary. Her accurate, organized, and detailed minutes made our job on council much easier.

Two moments stand out for me during the time Judy and I worked together on Council. The first was her organization of the Council's visit to the Maritimes in October 2014. No stone was left unturned. From a geological excursion with Duncan Keppie, to accommodation on a biodynamic farm, to meeting with friends and members at the South Shore Waldorf School and in Dartmouth; each occasion provided the opportunity for us to meet, exchange ideas, and experience anthroposophy living on the East coast.

The second moment was in the summer of 2015, when the Council had decided to move the library from the basement in Hesperus to a smaller space. Judy announced she would come to Thornhill and help. She stepped in, willingly, where she was needed, and I so appreciate this quality in her.

Judy, a heartfelt thanks goes out to you, from your colleagues, and from the members in the Society. You will be missed! We wish you good luck in your travels and future projects.

Dorothy LeBaron

With fellow colleagues John Bach, John Glanzer, Arie van Ameringen, Ida Liedl, Jef Saunders

Resignation of Judy King

Dear Friends/Fellow Members of the Anthroposophical Society in Canada,



I write to let you know that I'm stepping off the Council at Christmas-time (December 2016). The commitment I made to sit on council for seven years came to an end last May (2016) at the AGM in Montreal. Prior to the AGM I let my council colleagues know that I intended to step down, but that if it would be helpful for me to stay for a while after the AGM to ease transition to new council members, I was willing to do so. This was agreed to. It was considered appropriate to re-confirm my position at the AGM for the year 2016-2017. It is now my decision to

leave, with a feeling that the newer members of council are 'settling in'. New commitments are coming towards me which will take me away from Canada from February to April 2017, and it will be harder for me to feel and be connected at that time, in spite of all our technology!

My seven and a half years on council have been very special for me. When I came on, I had a feeling of being parachuted in from the edge! It was rather an unknown for me. I had been a member of the Society for about fifteen years, and a reader/studier of anthroposophy for about twenty years before that. I became a Waldorf teacher. I joined the School of Spiritual Science. I was interested enough in the Society to read all my newsletters, give support with my annual contribution, and go to various conferences,

meetings, even an AGM or two, when I was able to. I cared, and care, about my local group, and join in when possible. I still have never been to the Goetheanum; I would like to go there one day.

We work hard on council, and are aware that it doesn't always show! We are continuing to move in a direction of openness and transparency, and have hope for a future in which we all recognize each other as colleagues: members and council alike, and including those involved in anthroposophical initiatives, (and also in non-anthroposophical initiatives) taking part in a creative work together for humanity. We see this work is already happening.

Personally, being on council has added enormously to my life. I have enjoyed meeting so many people across Canada with whom I have anthroposophy in common. So encouraging! So warm! I was given great helps to explore in my inner work and a perspective which behoves me to be diligent in practice (though I see the necessity of its being a 'free deed'!!) 'Being free' is definitely a work in progress! And how exciting!

It has been for me an honour to serve on council, and I'm very grateful to you all for being there and for your support. I'm also very grateful for the relationships and connections which have arisen from my work on council.

I am pleased to let you know that Micah Edelstein, resident of Halifax, has agreed to 'take a seat' on the Council. Your confirmation and support will be sought for his appointment at the AGM next May in Vancouver.

With very best wishes for Advent,
Judith King,
Nova Scotia.

Interview with John Bach by Susan Koppersmith

John Bach, at the August 2016 Encountering Our Humanity conference in Ottawa you gave a workshop about your research on biodynamic beekeeping. What is your background and how did you become interested in bees?

I have been studying Anthroposophy for 25 years, gardening biodynamically for 15 years and for the last 8 years I have maintained beehives.

What are some of the key elements of your research on bees?

Most readers have will have heard of the steady decline of the overall health of honeybees in the last 30 years. This has everyone very concerned. Scientists and beekeepers have blamed this decline on disease, mite infestations, the use of new pesticides on agricultural crops, as well as the



potent chemicals applied to bees to control mite and fungi infestations. The effect of electro-magnetic radiation (EMR) so prevalent everywhere has also been studied. Interested readers can refer to a full description of these dangers in my article: A Biodynamic Understanding of the Decline of the Honeybee based on Indications Given by Rudolf Steiner which can be found on my website: bachbiodynamics.com

Of course all these things are true but Rudolf Steiner also gave another very important indication.

In a series of lectures entitled *Nine Lectures on Bees* (1923), Steiner predicted that within a century, if a current practice at that time did not change, the honeybee would be decimated within a century.

He was specifically referring to the method, which had only been in widespread practice for about a decade, of artificially raising queen bees by grafting worker eggs.

Do you mean that beekeepers changed things so that worker eggs become queens? Could you say more about this?

Yes, this is the problem and it has had dire consequences.

The practice of artificially creating queens, refined by Gilbert M. Doolittle in the mid 1800s, came into widespread practice around the turn of the century. In this method, known as the Doolittle Method, four-day-old larvae, which are laid in horizontal hexagonal worker cells by the queen, are transferred (grafted) into vertical queen cups, which mimic the form and size of a naturally made queen cell. Sometimes a little royal jelly is placed in the cup with the larvae. These eggs are then placed in a small colony of bees in which the queen has been removed. The worker bees soon detect that the queen is not present (the queen emits a powerful pheromone) and begin at once to tend to the vertical larvae that are present in the hive and appear as queen cells.

In this way, a beekeeper can produce dozens or even hundreds of queens within a short period of time.

This method has tremendous advantages for beekeepers and is the foundation upon which modern beekeeping rests. Beekeepers don't have to wait for the colony to make its own queens, which it does when it is preparing to divide through swarming, or when a queen is old and failing. Newly grafted queens can be used to make many new colonies by placing each of the new queens into a new hive with two or three pounds of worker bees.

Steiner's research, however, indicated that when a queen lays an egg as a queen, it is meant to be a queen. This is what Nature intended.

When eggs laid initially as workers are then grafted into queen cells, these eggs do become queens. But the etheric forces of these artificially made queens become weak and this weakness is carried into the hives of future generations. This is the reason why honeybees are so susceptible nowadays to the diseases and mites and fungi, etc. mentioned earlier. The hives are no longer strong enough to withstand pathogens.

My research is focused on creating lineages of non-grafted queens as well as allowing bees to swarm more frequently using smaller hives.

I currently have four colonies with fourth generation natural, non-grafted queens, two of which are in small skeps (straw or wicker beehives) which swarm frequently (up to three times per year).

These colonies are very strong and healthy. I feel that I am now ready to expand my small operation in Vancouver to a larger scale and hope to have up to fifty non-grafted, lineage colonies in the next three to five years.

Do any mainstream scientists and beekeepers know about this danger of grafting queens?

As far as I know there are no mainstream scientists or beekeepers who know enough about Steiner's ideas to take them seriously. I believe that the problems we now see with bees will escalate dramatically over the next decade.

This is why I am so passionate about getting the word out that for honeybees to become healthy again, it is of up-most importance that bees be allowed create their own queens.

Good luck, John, and thank-you for your time!

Three-Fold Social Organism - Rainer Schnurre

The Peace Engendering Threefold Organisation of the Social Organism In the years from 2016 UNTIL 2019 – Spread the Word throughout the world...

This threefold structure of the social organism is already anchored in the United Nations Universal Declaration of Human Rights. It is stated in the 1st article: All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.

A CALL

For fraternal collaboration on the Three-fold Organisation of the Social Organism to all active and hoping individuals – world-wide
- from 2016 until 2019. -What one cannot think, one also cannot carry as an intention. Together carry basic concepts concerning the three-fold social order into the world. This is an appeal to all those human beings, initiatives and groups who are, have been or will be wholeheartedly active in establishing an: understanding of, clarification of and realization of:

Freedom in the spiritual life of culture
of
Equality in the life of the law and justice
of
Fraternity in the life of Economy *

So let us then join together in spirit, in true brotherhood, putting all differences and diverging methods of working aside. – The myriad of different ways this issue is approached across the face of the earth is to be valued, no matter how great these differences may be. Thus, with single purpose and firm resolve, together we can now engage in raising awareness, understanding and clarification of the threefold structuring of the social organism and work towards its implementation in the whole world, regardless of where we live.



The time has come. Let us seize the moment over these next three and a half years between 2016 and 2019 to pursue coordinated worldwide collaboration across all borders.

Firstly there must be the possibility that human beings can gain access to the knowledge that there is a feasible way for developing of social conditions that creates sustainable peace. There must firstly be the possibility of having the concept harbouring this peace- engendering impulse, so that, at a given point in time, it can be felt as such, in order for it to be wanted by many, many people -. It is not really possible for a genuine effort to raise awareness to fail, at the worst it can fall on deaf ears... but this cannot be our concern...

What could be cause for concern is: if such an appeal to gather strength for our cause should go unheard. If we would let the moment: “The time is at hand” go by unheard, then the year 2019 would simply be a centenary memorial celebration, – a mere epitaph on the grave of Rudolf Steiner’s social initiative for humanity. –That is in no way what we wish for.

*

It is not accidental that this CALL is made now in 2016. In 1917 Rudolf Steiner brought his initial suggestions as to a healing restructuring of the social and public realm, first internally, in response to specific questions. Later in 1919 he presented these more fully to the world at large.* Thus we can also to work in an echo of this rhythm– as will be suggested shortly –

first internally (2016/17) then continue working together in greater gatherings (in 2018) - internally and publicly - then in a strongly united and well-prepared manner go before the public in the world at large in 2019.

*

In this regard we can confirm that we will not set up any programmes. We can confirm that we do not think that we have to deliver any ready-made thought- constructs, but bring clear basic concepts regarding the threefold social order into the world at large. And we can confirm that we harbour the intention to stand free and firmly united in spirit for a healing, new ordering power in society at large, open-hearted and forthright with gentle unbending purpose of will.

*

The first step is education.

It is possible for many people in today's world to understand and comprehend the urgent necessity to implement the threefold organisation of the social organism.

*

The – Practical - Suggestion

Firstly (2016 – 2017) we can discuss the possibilities of a free collaboration coming together of individuals and initiatives in our own regions and countries. In a next step (2018) all people who speak one common language could come together to talk about how to realise a good and strong mutual approach of all the different initiatives. The results of what had been elaborated could lead to one first public meeting in one of the countries: for instance in London, Edinburgh, Dublin, Melbourne, San Francisco, Cape Town or a chosen town in Canada or New Zealand to represent the initiatives of the English speaking regions. In a third step (2019) there would be a world-wide 7 day conference at which the representatives of all the initiatives, groups and active individuals would come together to present the wide variety of ideas and impulses that would have arisen to each other and to the world at large. – From this the necessary stimulation and encouragement would be flow from which all manner of new different impulses and powerful initiatives in individual countries.

Example of a Practical Approach

Initially an outline of the constitution of respective countries and the structure of their social institutions and conditions could be drawn up (i.e. the various ministries and their different tasks and areas of activity could be investigated). Following on from that, the structures that are in place though often organised in a rather chaotic manner could be rearranged and

presented according to a healthy threefold ordering of the social organism. These different ideas, proposals and propositions arising globally through different initiatives pertaining to a new ordering of our social conditions in a health-giving threefold manner would then flow back to the various countries in the form of differentiated suggestions. These could then be taken further as public initiatives in the form of petitions and referendums or whatever forms are possible in the given countries.

It is not of particular importance here, whether we are successful with our concerted fraternal initiatives, but rather that we place the “Three-fold organisation of the social organism into the centre of the world. Practical suggestion of a first means of contact for the time being. Initially it would be favourable if one individual or group would take it upon themselves to act as representatives of a nation to co-ordinate communication between different initiatives nationally and also act as a contact for any international communications. On the internet: this appeal will shortly be published in as many languages as possible. The email-addresses of the above mentioned representatives would be found there.

The website will be called: www.alternativ3gliedern.com

The initiative responsible for this CALL is:

Sozialkunst e.V

c/o Rainer Schnurre

Matthiaswiese 12/ D -31 139 Hildesheim Tel: 0049 (0)51 21 – 93 27 591

As an initiator of this CALL “Sozialkunst e.V.” – “Space for social art” only feels itself responsible for connecting and the creation of all the various initiatives and is a speaking partner for all of these. A representative for Germany should be found as soon as possible.

A first helpful publication is the booklet by Peter Selg and Marc Desaulles: “Ökonomie der Brüderlichkeit” – towards realising Threefold Social Order in our times. Verlag des Ita Wegman Instituts, 1. Auflage 2016 ISBN: 978 – 3 – 905919 – 72 – 1. / The publication is based on two lectures that were held on the 20th and 22nd of Nov. 2015. Peter Selg gives a historical overview and Marc Desaulles looks situation and postulates further developments in the threefolding of the social organism

In addition Marc Desaulles has written A Human Response to Globalisation: Discovering Associative Economics. Far from being the evil some see it as, economic life provides the ground for a conscious meeting with oneself and with others. Outlining the essential principles of associative economics, this book shines a new light on modern economic phenomenon The aim of the

book is to familiarise the reader with the axioms of associative economics as these relate not only to the macro-economic thinking of our times but in terms also of day-to-day financial management.

**Rainer Schnurre will be in the Toronto area during
April and will offer workshops on:**

Dynamic Zodiac Drawing and Artistic Biography work

Dynamic Zodiac Drawing and Social Art

Contact: Regine Kurek: 905-7631003 or regine@arscura.com

The Year 2016 in Ottawa: EPIC! – Brenda Hammond

A very special and heartfelt ‘thanks’ to all of you who attended last August’s international conference, and contributed to what turned out to be the creation of a truly exceptional event. I believe that, as the week progressed, many people experienced the growing interest and activity of the spiritual world. Also, over the months since we came together and participated in the many offerings at the Encountering our Humanity conference, I sense a change in the general spiritual environment of Ottawa — a city which carries (amongst other hindrances) a great burden of bureaucracy. But now a space has been opened up. We can see proof of this in new, local members of our Society (welcome!) who were enabled to make this step. Interestingly enough, requests for contact, interest in and even new membership have also come from people hitherto unknown in our community.

In 2017 our challenge and hope will be to build on this new impetus, to enlarge our work in the National Capital Region.

With this in mind, I would like to report on an important artistic development. Last May, Hamo and I were fortunate enough to receive an invitation to the graduation of CoCo Verspoor from the School of Eurythmy in Spring Valley (actually, Chestnut Ridge, New York). What a treat that was! Now we have a new eurythmist in our city. Here is a ‘morning after the celebrations’ photo of CoCo with Sylvie Richard, our other wonderful

eurythmist-in-residence. Both of them have given classes during the past months. We hope very much to benefit from more in the future, and to find and build active support for eurythmy in our city.

Sylvie and CoCo also brought the gift of a specially-choreographed 'Hallelujah' to open our All Souls' Day Branch evening of remembrance for the 'so-called' dead. Some fifteen of us gathered at Sylvie's home. We lit floating candles to place on a bowl of water, and said the name of the individuality we wanted to honour and remember. We heard some poems spoken, some special incidents of connection across the threshold, and ended the evening more informally with refreshments and social time.

We hope to carry this initiative into the future, and also to work towards meeting around the Holy Nights. A small start has already been made. Hopefully, the Confluence of Three Rivers Branch will organize and host more events in 2017.

The Freedom Mystery Conference 2016 – Paul Hodgins

The Freedom Mystery Conference 2016 took place October 21 – 23, 2016 at the Christian Community Church in Thornhill, Ontario. The conference was conceived, organised, and spearheaded by Tim Nadelle. Working out of Rudolf Steiner's book, *The Philosophy of Freedom*, Tim devised exercises which brought some of the difficult concepts in the book into practical use. During the year preceding the conference, Tim met regularly with a group of facilitators, and, together, they worked on some of the exercises. During the conference, each facilitator sat with a group of participants and guided them through the exercises.

The conference theme centred on the relationship of thinking to feeling: how to recognise the drive of feeling, and how to engender higher feelings with free moral thinking. To help the participants to gain more conceptual certainty, two pertinent lectures were given – one by Jonah Evans at the beginning of the conference, and the other by Daniel Hafner midway through. Both are Christian Community priests, and both are brilliant! No one, to my knowledge, achieved moral freedom during the conference, but we began to practise ways to work toward it, and, overall, the experience of the participants was positive. It became clear that *The Philosophy of Freedom* is not only to be understood, but also to be experienced and lived.

“I just want to tell you that this conference was really important for me. The small group exercises were the outstanding part for me, though the drama and the lectures were also outstanding, of course. The exercises are still living with me and bearing new fruit as I continue to use them almost daily to ponder new feeling experiences. I regret missing last year’s conference, and I’m glad the exercises are still there on the web site. I will certainly be there next year – and so will as many other people as I can persuade!”

2016 conference participant

The conference was interspersed with a performance of the Prelude and Scenes I – VII of Rudolf Steiner’s first mystery drama, *The Portal of Initiation*. This also was masterminded by Tim Nadelle. For some time, Tim had felt that all of anthroposophy was contained in the two afore-mentioned literary works, and so, he conceived the idea of working with them together. Magi Nadelle directed, delicately nurturing the overall aesthetic imagination of the drama while allowing actors the freedom to individually discover the essence of their characters and grow into their roles.

For two years, a group of stalwart eurythmists and amateur actors rehearsed this play, and the conference participants enjoyed the fruits of the group’s labours. The performance took place on the altar steps of the church, and included lighting by Carl Natiuk and set design by Julian Mulock. Preceding each performance segment, Daniel Hafner gave short lectures to the audience, which were insightful and helpful for the understanding of this serious and difficult drama.

Some twenty-odd actors brought to life the story of the initiation of Johannes Thomasius, aided by his loving friend, Maria, and their beloved teacher, Benedictus, all interwoven with a cast of spiritually-striving characters. In short, the performance was a truly special event!

Next fall, 2017, the third, and final, Freedom Mystery Conference will take place, and will include a performance of the entire mystery drama, *The Portal of Initiation*. Not to be missed!

Great thanks are due to Tim Nadelle for his indomitable spirit and enormous hard work.

Waldorf comes to a refugee camp in Greece

Ingrid Krause, a member of the Anthroposophical Society who lives in Quebec, has recently returned from Greece. This is a country she knows well, having explored it for the first time on a motor bike shortly after completing her studies in Germany. Since retiring, she has gone back again five times. "Greece welcomes me like a sister soul with the uplifting radiance of her sky, the brilliant blue of her sea which causes the melancholy heart to rejoice, and the warmth and friendliness of her people." She owns some plot on the island of Cythera where "I share the land with wild mountain goats on hills fragrant with the scent of thyme and sage set against a backdrop of the blue sea." The scene is however far less pastoral in Athens, where this fall she visited the Ellinikos refugee camp. The people there are among the thousands of migrants initially headed for the north of Europe who are now forced to live in pitiful conditions in Greece since the borders were closed in the spring of 2016. Ingrid received some monetary donations from friends in her community in an attempt to help ease the living conditions of these unfortunate people. This money was handed over to Helga Natoli, who works with refugee children.

Helga is a 37-year old mother who is taking Waldorf teacher training courses in Athens given by Michael Tsigotsides, a long-time anthroposophist who taught for 20 years in Swedish Waldorf schools. He is a true pioneer in bringing Waldorf education to Greece, in particular by offering teacher training seminars. These sessions take place in an inviting space located above the store in which he sells Waldorf educational supplies in the very heart of the Greek capital. (for further information: tsigotsides@hotmail.com). And one of his students is indeed Helga Natoli, with whom, as Ingrid tells us: "I have had the privilege of forming a precious friendship. To my knowledge, this Waldorf education initiative is the only one existing in Greece. Two years ago, upon meeting the economist and researcher Christopher H. Budd at the Economic Conference in Montréal, he informed me about this initiative and gave me the address of Michael Tsigotsides." Ingrid provides us below with a slightly shortened version of a moving account recently sent to her by Helga Natoli. In it, Helga describes her educational and therapeutic work with refugee children.

Athens, Saturday 21st May 2016

This is an ongoing story that I believe is worth telling, also believe it is a story people could join in and become part of; I do not write it to make sure

you believe in the validity of what I do, this outcome is a consequence that might take place or not, it isn't my choice, it is your choice. On the 16th of March 2016 I began visiting the provisional refugee Camp in the Port of Piraeus, at gate E1. Listening about how critical the refugee situation in Athens was, I wanted to find a way to help. I had heard stories about the camp in the port of Piraeus, how it is lacking hygiene and security measures. How distribution of food is dealt with through some NGOs and the army, at times... I had heard about provisional "medical tents" or containers and vans brought in by the Doctors Without Borders and other well-known organizations, but not much was spoken about the wellbeing of children on TV, Radio or Internet... I Had questions such as: Are there people entertaining these kids? Are their parents in the condition to take care of them or make them feel safe? Is there a pre-designated area for them to play? Do they get books and materials to work with? What about their education? have they ever been to school? How long have they been on the run? With all these unanswered questions in my head, I decided to visit the camp on Wednesday with my friend Vivi. Bringing along a bag full of colored pencils, pastels, markers and paper, we would do a workshop with the children if allowed by those in charge and if desired by the children we would meet. We took the internal port bus from gate E7, the route-view was hallucinating, tents and people all over the port, sleeping on the cement with their travel bags for pillows or aligned at some medical container to receive medical care. Kids running barefoot, thousands of people camping... We stopped at the last building in the port: the E1 building. There was a distribution of food going on outside it, two ladies were distributing plastic bags containing packed meals, to a line of hundreds of people.

We walked around, in and out of the building searching for some person to tell us if we could - and where to - set our workshop. The two ladies where the only ones we saw in a sort of uniform, an orange jacket, and I asked them: "Sorry to interrupt, I came to draw with the children, have material for a workshop, do you know where I should go and ask for permission?" The 2 ladies continuing their distribution to the aligned refugees looked at me, the older one said: "Just go in and do it!" So I did... I entered the building with my friend, the floor was covered in large gray blankets; each blanket was sleeping and living space for 1 person and up to families of 4. On each blanket a box with supplies and personal items, or a travel bag; some had extra blankets to cover up, back in early March it was cold in Athens, some had sleeping bags, some had neither. I asked a lady, with gestures and few simple English terms, if I could lay down a sheet on the

floor next to her family's blanket, she made some extra space for us, folding her blanket, and we sat, took out a box of pencils and paper and started drawing... Kids and grown-ups immediately came our way asking for a pencil and a piece of paper, some left after taking the items we offered, some sat on our sheet drawing along with us. On that evening we worked with over 80 children of all ages

That very first workshop, in the E1 provisional camp, begun at 17.00pm and ended at 20.00pm, we handed more than 150 size A4 pages and about 50 large drawing papers; many were the kids that after drawing would give us their pictures, as a gift; a mother kindly offered me a bottle of water she had lined up for a while to get; children were smiling, eager to spend time in our company and kind to us. I also noticed they seemed puzzled because as I would hand them the items I would also look in their eyes and smiling, say: "For you!" just as I would do with Joe, my son... Only later realized they didn't get much of that, most probably, in quite a long time. There was a large column in the middle of the building, we glued on it some of the drawings and the kids were keen to help with it. A girl made a drawing with an English phrase on it: "Please open your door... She gave the drawing to me... ... I still see this girl at the camp, when I visit. Vivi continues to do drawings for the children. A boy aged 14-15, this week came by us and taking out from his pocket, unfolded a piece of paper to show Vivi that he still has the drawing she had made for him time back. In her circle children sit patiently around her and wait for their turn to get her pictures; in the meanwhile some draw as well or observe her do it.

That one first time, kids made us promise we'd return, they didn't want to let us go... Until now we have kept this promise. All our art supplies were over at the end of the evening. What we can offer to these children isn't nearly enough; they lost so much... lives crashed under images of excruciating pain and violence that these kids have witnessed both victims and survivors. Many are the kids that don't have relatives, travelling alone into a very dangerous and scary adventure. In these situations a drawing and some pencils cannot heal wounds so deep; the vacuum, the sense of being lost in space with a very vague hint of orientation, if any... needs constancy, patience and perseverance, to be – at least partially - overcome. And I do have faith that, in every smile these kids find within their hearts and share with me, Vivi and the other volunteers, there is, hidden in it, a tiny portion of healing, happening literally bit by bit and in extremely slow motion, contributing to the reconstruction of what was savagely broken and

scattered inside of them, with War.

Vivi and I keep visiting the camp in E1 on Wednesdays, since. Two weeks later, on the 30th of March, we noticed more people in orange and yellow jackets were present at the port. On our way to E1, passing outside the E2 building, we saw a lady doing a workshop with some kids camping there, some others holding hands with a particular child were walking them around safely. Reaching E1, other volunteers in yellow jackets were there, and they guided us to the back of the building to meet a woman who was in charge of the children' programs, attempting to organize some more structured childcare in the camp. This woman's name is Belle, she had arrived from Lesbos at the end of the previous week, where she had been volunteering. After our introductions I asked her where to set up our workshop. It was a sunny and hot afternoon. We were there earlier than at previous times, at 14.00pm, so she suggested we could set up outside the building; she found a nice and shady spot for us, and we began our work. Kids, as always, were welcoming and eager to work with us! Belle asked me if I would like to join and volunteer with the childcare crew; I replied I am an independent volunteer and wouldn't like to join any NGO. She told me that likewise she and her group are all independent volunteers also. Thus I said that in such case I could apply for Wednesdays! We exchanged Facebook contacts. On that day I had thought of having a drawing theme: "Trees". I would do a linear trunk and branches that the children could fill in with leafs, flowers and fruits as they pleased. I worked on my tree whilst they would work on theirs... And I noticed they had a constant need for me to guide them and check on their drawings, on every single leaf or flower they drew... some would wait until I even told them what color marker to use. They focused on these drawings for many hours. A little boy, he couldn't have been more than 3-4 years old, came next to me wishing to feed me with bread; he was persistent, I took him in my lap and carried on drawing. He wanted to help me, so I took his hand into mine and we drew together. For the flowers I did 5 points collocated as to shape a circle and one more in the middle, whilst, at every point we'd make on the paper, I would say: "tick – tick – tick – tick – tick" and with the middle one: "tack". The kids laughed and the little one was amused, he teased me using the marker to draw points on my cheek at every "tack" I'd speak! This boy is still living in the port of Piraeus, has 3 siblings and his parents are very friendly; he is now much taller, he comes and smiles at me every time I visit.

My Wednesday workshops have since evolved, I am now doing weaving/

knitting with the kids instead of drawing, they get enough drawing with other teachers. I might begin doing also form drawing as I learn and read about it in the seminars of Mr. Mihalis, I am attending. But mainly the kids guide me on what is they need, it's as if we know each other from very long ago; when I am there, I might not speak Arabic or Farsi but we communicate at a much deeper level just with our eyes.

I am a 2nd year student in the Waldorf Association's "Teacher Formation" program, and I am consulting Mr. Mihalis on various issues that arouse in my workshops. He has helped me and through me, lots of other volunteers, with advice. I am truly grateful to have access to such valuable guidance!

When I introduced the Knitting/Weaving Workshop to the group of volunteers, and explained I had a donation from a member of the Waldorf Association to use on materials, Belle confided to me that she has four "Waldorf kids"; she is from Northern California and owns an Alpacas and Bee Farm.

The cooperation with the group of the independent volunteers in Piraeus has also evolved; Belle had a wonderful idea about creating a school project that can move, thus a school in a container that can be shipped to any camp where is necessary for it to go. The 1st container-school is located behind the E1 building since beginning of April, it serves as storage space for the materials we use for workshops and lessons; and on the space around the container, set accordingly each morning (at opening hour) and afternoon (after the 1 hour lunch break), with mats and tables offered to us by private donors, sits the workshops. This gives me also a stable space to set up the knitting workshop. The older children have been allowed the use of few tables in the café located on the 2nd floor of a nearby building within the port for English and Math classes. These classes are run by volunteers, but there are always some volunteering refugees who have joined our cause. They used to be teachers in their countries of origin. Those who speak Arabic teach Syrian children and those who speak Farsi teach Afghan children.

The School, whose name is "The Schoolbox Project" is open daily 11.00am – 18.00pm (Saturdays and Sundays also) and is run by independent volunteers, coming and going when they can, from all over the World, that connect via a closed Facebook group. The group, when I entered - end March, beginning of April- had about 20 members, right now it has 185

members and it is growing.

<https://www.facebook.com/theschoolboxproject/>

<http://www.theschoolboxproject.org/>

This is the public site, Belle has applied for turning the project into a Non-Profit Organization now, it is necessary for legal purposes, yet the school will still be run by independent volunteers on the ground. The Organization will be dealing with locating the container-schools and providing for our access permits in the camps. We have a meeting at the Port's café every Monday at 10.00am, before School opening hour, to introduce new volunteers, talk out difficulties, consult each other and organize special lessons or events for the week, according to the specialties of the volunteers present on the ground, at a particular time.

In the past week, Belle issued the "Trauma Informed Care" training (an on line course) that is mandatory for all volunteers, and such training will help a lot, especially volunteers preparing to join, to inform them on what they will encounter here. It also helps the ones who are at the school already, to understand specific behavior of children and manage to stay calm when facing those.

There are ground volunteers that cover all week, others, like myself and Vivi, who can only do a day per week. Every volunteer has his own private funding for materials needed for the lessons, transport, accommodation and the rest of his expenses.

In the above described mission, I am the "finger knitting/ weaving lady". For my workshop I use the following materials:

Hula hoops (28")

A sack with: Rolls of strips of t-shirts of various colors, scissors and a sheet to sit on. The activity of weaving helps children count, measure, size, helps them into a rhythmic outward spiral movement that is very relaxing. And they are able to concentrate, even when it gets loud around them; let me remind that we work outdoors, in a port with boats arriving and going all day and were thousands of people are camping for months now, some are living there for nearly a year. -----We have created rags, hats, baskets and a purse. —

Some children come to the workshop because they want to make a hat for their baby sisters or brothers, or larger ones for themselves, some others just love the weaving in itself and don't really mind about the outcome, there are kids that start weaving at 11.00am all the way to 14.00pm for the launch break and at my return, at 15.00pm, are patiently already waiting behind the door of the container for me to give their hoops back so to

continue their work. They go on weaving until closing time! The other great thing about this workshop, and these particular children, is the fact most help in the camps is provided to them “ready-to-use”... food is ready in a pack (few refugee-residents help out in the process of preparing it), medicine is ready, clothing although not in right sizes (especially shoes) comes ready to them; this is a highly detrimental position to be, people in this way lose the sense of their own ability to create and build something useful for themselves; this ability goes in lethargy, and people tend to start begging for what they need. We create hats, rags ... maybe it isn't much, but at least it is something these kids create on their own and that is useful!

--- The kids know I cannot manage to help more than 10-12 of them at a time (in between singular and group weaving) and get anxious to be the ones, they spot me arriving at the bus stop and rush to follow me to the Schoolbox for them to be given a hoop.

--- Due to their really devastating backgrounds they have a constant anxiety there will not be enough time for me to help them, they persist, but it all resolves with smiles, it all needs much reassurance and kindness.

Yet, I fail at times to cover for all of them on my own. Last Wednesday Jess, an Australian volunteer, joined me in the weaving, and she did help me a lot, we managed 8 hoops at a time, in the afternoon shift. I dream of this moment in a slightly different manner, every 1 volunteer 4 hoops and a maximum of 8 children per volunteer, a large circle and a song sung together by all of us. I wrote a song that goes with movements to enter the rhythm of weaving...

Please note that in Piraeus at the moment there are approximately 1500 resident refugees mainly from Syria and Afghanistan, provisionally camping. Back in March they were a total of 4500. Also note that there are children here of all ages, their parents are very young too, actually I haven't seen people much older than 30-35 years of age. In my eyes all 1500 of them are children! The government and the port authorities are planning to clear the Piraeus camp soon, moving these people in other provisional facilities. In Athens there are two other large sites Eleonas and Ellinikos, the last one is in extremely ill conditions, and there are many kids there with no school project running! We are planning to move there when the port will be entirely cleared.

Meanwhile, boats keep arriving with low numbers of refugees, 10 to 40

daily, from the islands; we have lots of new kids at the school. Children numbers do not decrease easily exactly because of this, but it is hard to do work that requires progressing continuation, it is a day to day see-how-it-evolves project. Many hello's and many goodbye's, many smiles and many tears (when back at home), many prayers... much tenderness is required from all the corners of this Earth!

Thank you again, for your kind contribution and interest.

With Sincere Love,

Helga

The educational project in support of the children and families of refugees in Greece is appealing for aid from the public. There are some ways you can help:

- By volunteering to work in Greece, in Athens and elsewhere, ideally for a period of four weeks, and at the very least for a minimum of two weeks.
- By offering financial support to Helga Natoli to fund the purchase of educational materials and services. This can be done through Ingrid Krause, who will hand the money over to Helga during her next trip to Greece. Ingrid can be reached at 450-532-3540, or by email at : ingkrause@cooptel.qc.ca

An interview with Ralph Danyluk on electro-magnetic pollution and modern wireless technologies

Ralph, you and I have been good friends since the early 70s in Vancouver where we first met Anthroposophy. Back then you were finishing a Master's Degree in Biophysics at SFU.

I understand that you have an active interest in Electro-Smog, wireless technologies and so forth. Can you tell me more about this and how your interest developed?

My interest in this area was piqued during the time I spent working and studying at the Goetheanum beginning in 2008. It was really a convergence of a lifelong interest in science and technology from my personal and working life of over 30 years, especially in the fields of electro-magnetism,

radio and computing, and Rudolf Steiner's numerous indications and writings about this subject. It was in Dornach that I was introduced to the work of Paul Emberson who brought a sharp focus (at times controversial) and awareness to Steiner's writings on this subject. At the same time there was a growing concern in the main-stream culture and academia about the new technologies ranging from cell-phones (or Handys as they are called in Europe) to Wi-Fi, DECT cordless phones, dirty electricity etc. All of this was new, not even within one generation, and has been exponentially expanding since 1998. Investigating and researching this subject was a natural convergence of my academic and work life with my life in and love for Anthroposophy.

Could you say more about any research that you have been involved in?

It became increasingly clear to me that the new technologies based on a digitized form of electro-magnetic radiation, unknown in nature up to this time, were as much an egregious source of pollution and challenge to human health in body, soul and spirit as the challenges faced by us through food and medicine – GMO and vaccines for example. To find the underlying reality and cut through the half-facts, myths and insouciance became the challenge for me. What was really at work here? How do we meet this new attack on our well-being? How can we protect ourselves? How does one awaken a growing consciousness for this subject? The question also became more than just one of individual health; it encompassed the social realm as well. For instance, consider the role of 'social-media', the use of smart phones by children, Wi-Fi in schools and its possible links to ADHD and autism, etc. As an outreach or application of the research, I have been able to speak to groups in depth and help many individuals cope with the encroachment of electro-smog in their lives.

Rachel Carlson's book *Silent Spring* written in 1962 spawned the environmental movement and questioned the materialistic scientific paradigm of the times. Interestingly there is a recent book titled *An Electronic Silent Spring* published in 2014 by Katie Singer which attempts to do for Electro-Magnetic pollution what Rachel Carlson did for DDT and its ilk.

We sometimes hear the term Electro-Hypersensitivity or EHS for short. Do you experience this sensitivity?

EHS refers to overt symptoms experienced by individuals in the presence of electro-magnetic fields. The growing number of individuals affected by this

are less and less thought of as hypochondriacs, but more rather as the proverbial ‘canaries in a coal mine’. For me, when I am in an electro-smog environment for some length of time I experience tension, headache, ringing in the ears and worst of all brain fog. The time and extent depend on the strength and modalities of the fields. Many people do not think of the body as “electric” or that they are conductors of electricity in their nerves, muscles and tissues. People are receiving antennas. *I believe electro-smog affects everyone just not the overtly EHS.* It affects our thinking and concentration and it can influence the immune system in a negative way.

What can people do about this danger from EMR?

Wi-Fi is not the Internet. Wi-Fi is merely the way computers are linked. Use a cable to connect your computer to the router and turn the router Wi-Fi off when not in use. Use Airplane mode on all phones, tablets, etc. when not in use. Do not use DECT type cordless phones. Every situation is different and the answers can sometimes be confusing and technically complex. But there is a wealth of good information out there for your own research. I am also happy to answer questions from readers about their particular situation, how-to information and point them in the right direction.

Wi-Fi is proliferating at a phenomenal rate. If you are EHS and frequent a coffee shop that offers ‘free’ Wi-Fi make it known to the manager or owners of the shop that you find the atmosphere in the shop objectionable. If you are a parent of children in a school that is Wi-Fi enabled, vocalize your objections and request its removal.

Thanks for your time, Ralph. If people wanted to get in touch with you how would they do this?

I would be happy to correspond with anyone who wants to get in touch. I can be reached at rdanyluk at telus dot net

Susan Koppersmith

Obituary - Peter von Zezschwitz 1926 - 2016



Peter von Zezschwitz departed from the physical plane in his 91st year on August 20, 2016, in Durham Hospital due to kidney failure and pneumonia. He had spent the last few years bound to a wheelchair in a nursing home. On the walls of his room hung three huge pictures of his computer art: quite dark mirror images of labyrinths of roots and branches. Then there was a group picture of Peter in the midst of a large group of Chinese students who had eagerly taken up what he had taught them on Waldorf

education, Goethean colour teachings, and the two Jesus children. And there was a letter with all the news of the distinguished von Zezschwitz clan.

Peter was born (the second of four children) on March 18, 1926, in Hamburg, Germany. His parents sent him to a Waldorf school for about two years. There the work with colours made a deep impression on him. A seed was planted. His grandfather, whom he adored, had defended Ludendorff after the 1923 Ludendorff – Hitler putsch in Munich. His father was a chemist with a strong interest in agriculture. Did he suggest to Peter the choice of agriculture or a military career? Peter chose the Air Force, but ended up at 17 in the infantry, where he almost lost his life near Brescia during the retreat of the German forces from Italy. His metal belt buckle stopped the near-fatal bullet...Destiny had spared him for important work later.

After the war, at the age of 19, he decided to study graphic arts in Hamburg. In 1954 he escaped military service in the Bundeswehr (the newly re-formed German army) by emigrating to Canada. He had had enough of war. Esoterically seen, it was a gesture of consciousness-soul development and connecting to Anthroposophy. Here in Canada, in the 1950s, he found more freedom to pursue his career in graphic arts, which he eventually taught at Georgian College in Barrie, Ontario: quite an achievement for someone who never finished high school. In this position, he was able to bring Anthroposophy into a community college. He was a born teacher and highly artistic. No compromises! I still meet former students of his who speak

enthusiastically about Peter’s approach. His colleagues in the department sensed that he brought something unique, and they admired his talent. But the logo that he had created for the college was not accepted due to politics and bureaucracy.

He was deeply committed to Anthroposophy. In the late 1980s, he did all the graphic work for an exhibition entitled “Anthroposophy at work” at the Metro Toronto Reference Library, put on together with Barbara Guenther and Ernst Katz. It was a huge success. He also designed a font for the Anthroposophical Society (which was never used), gave lectures, and led on-going study groups in Anthroposophy. In addition, he wrote a synopsis of his research into the sacred geometry of the second Goetheanum.

His creativity blossomed in graphic arts (in later life, also computer mirror images), architecture, and the designing of logos, but also in practical things like gardening and renovating houses. Whatever he created had the stamp of his genius. There were also bitter disappointments when some of his designs were not accepted.

In his eighties, he had a new impulse and went to China to support a Waldorf initiative in Chengdu, where he was received with openness and warmth. One of his fondest memories was of the deep wonder and reverence with which the student-teachers experienced the Advent garden spiral.

Peter learned to fearlessly speak “the truth”. His truth would occasionally clash with other truths, and in his later years, there was – due to sclerosis - an increasing hardening of his ideas, especially around topics related to World War II, which made conversation difficult and led to some isolation. But he always had a circle of friends. He was a leader, a teacher, an artist and an anthroposophist – someone always in the process of becoming. He is survived by a daughter, Cora, from his first marriage to Marlene, and by a son, Jonas, from his second marriage to Grace.

Peter, thank you for being.
Werner Fabian, MD

Announcement from Mandragore

Dear Friends and Colleagues,

Mandragore has been sold to Alexandre Blondeau in Waterville, Qc. Contact: alexandre.blondeau@usherbrooke.ca or 819 408 0841

Founded in 1989, Mandragore has been, as also with Tri-Fold Books, a pioneer in making available in Canada books and related products to Waldorf Schools and society members. English books were not part of this sale. I am therefore offering them to you at cost price, please see attached list. Just email or send a letter and we will get back with availability and shipping cost. For any order greater than \$100, discounts can be applied.

I am enjoying retirement, playing Badminton and PickleBall at competitive level, but also grieving the loss of my son Gael (23).

Jacques Racine
243 Chemin du Richelieu
McMasterville, Qc
J3G 1T7
Tel: 450 527 1559
jacrac128go@gmail.com

E-mail or phone for book list

Members News

New Members:

Nadiéjda Comes, Québec

Angela Bourne (Three Rivers)

John Russ (Sophia Branch)

Philip Hartman (London)

Coco Huirong-Li Verspoor (Three Rivers)

Bernie Higgins (Toronto)

Adrian Bujor

Katarzyna Kwashniewska

Transferred in:

Marie-Reine Adams (UK)

David Robert Adams (UK)

Welcome!

Transferred out:

Douglas Cavers (U.S.A.)


Resignations:

Kathy Grant

Tricia Rogers-Simister

Upcoming Events

General Anthroposophical Section
Section for the Performing Arts



On the Up-building Forces in Music

Easter Conference at the Goetheanum
14th - 17th April 2017

An international meeting
of music in an Easter mood
Orchestra, chamber music, choir,
everything, talks, recitations
All contributions in German and English

Goetheanum

A Goethean Safari - Kenya

August 6 – 20th

Contact: Sarnia Guiton 604-740-0676
sarnia@sophiaservices.ca

**Goetheanum Easter Conference—
On the Up-Building Forces in Music**

April 14 – 17th

See: <http://www.goetheanum.org/index.php?id=8331&L=1>

Sophia Services provides... **RE-CREATED AT LOWER COST!**

A Goethean Safari – in Kenya
Patterns of Nature in East Africa: A Holistic View

August 6 to 20, 2017


with Mark Riegner, Anthony Mwasura and Sarnia Guiton

Join Prescott College environmental studies professor and ecologist Mark Riegner, Ph.D., local naturalist, safari manager and guide Anthony Mwasura, and group leader Sarnia Guiton, on a 15-day Safari in Kenya.

This is an exciting opportunity to not only experience wildlife on safari in the East African environment but also to study it in depth.

We will be focusing on the study of form, structure, pattern and ecology, especially of mammals, birds and plants, applying methods developed by Goethe, the great poet and scientist. This will include practicing the skill of observing nature carefully by using clear description, discussion, sketching and other artistic activities, daily reviews, and seeking patterns of relationships among the many natural history observations we make.

We will try to imagine, and even emulate, how Goethe would have experienced nature in East Africa. This trip will be especially valuable to Waldorf teachers and anyone who has an interest in holistic science.



www.sophiaservices.ca | info@sophiaservices.ca
ph: 604-740-0676 | fax: 604-880-0170


Sophia Services provides...

In Search of Francis of Assisi

July 20 – 29, 2017

with Jeff Feldman and Sarnia Guiton

In order to penetrate all more deeply into the question from whence all moral impulses come, we must inquire in the case of such an exceptional personality as Francis of Assisi... who had truly happened in the case. We shall have to look more deeply if we want to understand what was active in the soul of this outstanding human being. —Rudolf Steiner



Francis of Assisi continues to be one of the most loved and revered people in the history of humanity. He was pronounced a saint by the Roman Catholic Church as long ago as 1228 and is regarded as the patron saint of animals and the environment as well as one of the great peace-makers of all time. This impulse was so profound that he sought out a private meeting with a prominent Muslim political and military leader and Sultan, Malik al-Kamil, nephew of Saladin, with hopes of bringing about an end to the Fifth Crusade. The current Pope has chosen to name himself after the beloved patron saint of Italy St. Francis is loved and respected by members of various religious traditions. What is it that continues to be so enduring about this simple mendicant from a small town in Italy? What can we learn from the life of St. Francis that can help us become more fully human?

Rudolf Steiner, the Austrian philosopher and spiritual teacher, held St. Francis in great esteem. During our visit to Francis' home, the Italian hillside town of Assisi, we will spend time exploring why he felt the life of Francis was so important to human development while at the same time, we will examine the works of others who have also had particular insights into the life of Francis.

We will visit various sites where this remarkable human being lived while creating and developing a life of brotherhood and sisterhood with others who shared his vision. Together we will get a sense of the love of all creation that Francis and his followers experienced and spread, that continues to reverberate through the human heart and soul more than eight hundred years later.

www.sophiaservices.ca | info@sophiaservices.ca
ph: 604-740-0676 | fax: 604-880-0170

In search of St. Francis of Assisi

July 20 – 29th

Contact: Sarnia Guiton 604-740-0676
sarnia@sophiaservices.ca

Collegium – School of Spiritual Science N. America

General Anthroposophical Section/d'Anthroposophie générale~

Penelope Baring: penelopebaring@camphillvillage.org,

Rüdger Janisch: Rjanisch@beaverrun.org,

Monique Walsh: moniqueswalsh@yahoo.ca

Section for Agriculture/ Section agricole~

Sherry Wildfeur, sherrywlf@verizon.net

Section for the Literary Arts & Humanities/

Section des Belles-Lettres ~

Marguerite Miller, margueritemiller@comcast.net

Medical Section/ Section médicale~ Gerald Karnow, gkarnow@hotmail.com

Natural Science Section/ Section des Sciences~

Jennifer Greene, greenes@waterresearch.org

Pedagogical Section/ Section pédagogique~

Prairie Adams, prairie.adams@gmail.com

Performing Arts Section, Eurythmy, Speech, Drama & Music/ Section des Arts de la Parole et de la Musique~ Helen Lubin, helenlubin@gmail.com

Social Science Section/ Section des Sciences sociales~

Peter Buckbee, pbuckbee@gmail.com

Section for the Spiritual Striving of Youth/ Section des Jeunes~

Kathleen Morse, morse.kathleen@gmail.com

Visual Arts Section/ Section des Arts plastiques~ Bert Chase, hsca.inc@gmail.com

General Secretary, Anthroposophical Society in America~

John Bloom, john.bloom@anthroposophy.org

Council, Anthroposophical Society in Canada/ Conseil, Société anthroposophique au Canada~ Arie van Ameringen, arieva.perceval@gmail.com

Executive Council/ Comité directeur, Gøetheanum~ Virginia Sease

Anthroposophical Society in Canada

Council Members

Dorothy LeBaron, President, Toronto, ON

Tel: 416-465-2830, Email: lebaron@nauticalmind.com

John Bach, Secretary, North Vancouver BC

Tel: 604-924-0533, Email: jbbach1@yahoo.ca

John Glanzer, Treasurer, Calgary, AB

Tel: 403-286-8480, Email: john.glanzer@gmail.com

Ida Karen Liedl, QC Tel: Email idapaints@gmail.com

First Class Holders In Canada

British Columbia

Bert Chase, North Vancouver	Tel: (604) 988-1470
Brigitte Knaack, Kelowna	Tel: (250) 764-4710
Olaf Lampson, Duncan	Tel: (250) 746-1740
Christian Reuter, Kelowna,	Tel: (250) 764-4587
Patricia Smith, North Vancouver	Tel: (604) 988-3970
Philip Thatcher, North Vancouver	Tel: (604) 985-3569

Alberta

John Glanzer, Calgary	Tel: (403) 286-8480
-----------------------	---------------------

Ontario

Ingrid Belenson, Spring Bay	Tel: (705) 282-8509
Werner Fabian, Ivy	Tel: (705) 424-3574
Herbert Schneeberg, London	Tel: (519) 641-2431
Heidi Vukovich, Markham	Tel: (905) 927-2286
Brenda Hammond, Ottawa	Tel: (613) 425-0505
Ute Weinmann, Barrie	Tel: (289)-597-5616
Michael Chapitis, Toronto	Tel: (416) 925-7694
Elizabeth White, Guelph	Tel: (519) 821-7210
Gregory Scott, Thornhill	Tel: (905)-737-5019
Sylvie Richard, Ottawa	Tel: (613)-591-2495
Hélène Besnard, Ottawa	Tel: (613) 730-0691

Quebec

Arie van Ameringen, Dunham	Tel: (450) 295-2387
France Beaucage, Montréal	Tel: (514) 384-1859
Eric Philips-Oxford, Montréal	Tel: (514) 524-7045

Nova Scotia:

Arthur Osmond, Dartmouth	Tel: (902) 466-7735
--------------------------	---------------------

Anthroposophical Society in Canada

Council Members

Dorothy LeBaron, President, Toronto, ON
Tel: 416-465-2830, Email: lebaron@nauticalmind.com

John Bach, Secretary, North Vancouver BC
Tel: 604-924-0533, Email: jbbach1@yahoo.ca

John Glanzer, Treasurer, Calgary, AB
Tel: 403-286-8480, Email: john.glanzer@gmail.com

Ida Karen Liedl, QC Tel: Email idapaints@gmail.com

Arie van Ameringen (General Secretary), Montreal
Tel: (450) 295-2387, Email: arieva.perceval@gmail.com

Jef Saunders, Administrator
#130A – 1 Hesperus Rd, Thornhill, ON L4J 0G9
Tel: (416) 892-3656 ; Toll-free: 1 (877) 892-3656 (Canada and USA)
Email: info@anthroposophy.ca
Members' website: www.anthroposophy.ca