



Anthroposophy worldwide

What is happening in the Anthroposophical Society

6/20

■ EDITORIAL

June 2020 • N°6

Pause for thought

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Facts and their effects on the soul

Realistic attempts at finding solutions

Dear Members and Friends,

thank you very much for the many reports you have sent from all corners of the world following our invitation in Anthroposophy Worldwide 5/2020! We had asked about the spiritual situation where you are and how you are responding to the challenge we are currently experiencing. The friends in Zagreb, Croatia, have written to us about the earthquake that did considerable damage to the premises they are using for the anthroposophical work.

Slowly, the restrictions are being lifted; the first borders will open in mid-June and life will gradually return to a certain degree of normality. At the Goetheanum we sincerely hope that the new production of Goethe's Faust 1 & 2 will be able to premiere on 10 to 12 July 2020 and that we can welcome as many of you as possible. How many seats we will be permitted to use in the Main Auditorium will unfortunately only be announced at the end of May (cf. 'We are going to perform', page 4).

What do we learn from these almost inconceivable constraints imposed on our usually so busy lives? This is the fact: a contagious virus, trans-

mitted from animal to human, causes a global wave of sickness. Experts in various scientific disciplines make unsubstantiated predictions and give guidelines. The media are spreading immense fear. Politicians have to do something and take drastic actions to contain the disease that affect every single person. As wakeful observers we are called upon to take in these facts, observe their effects on the soul and understand the spiritual signature and dimension of these developments. Just as a hundred years ago, following the catastrophe of World War I, we now need "realistic attempts at finding the solutions that life demands" (Rudolf Steiner) or initiatives.

In the past hundred years anthroposophy has inspired solutions in many different spheres, such as nutrition and agriculture, education and medicine. Can we, on the basis of these experiences, contribute to finding the "realistic solutions" that are needed now?

The School of Spiritual Science decided to collect contributions towards an understanding of the situation from the point of view of the different Sections. They will be published in this and in the June issue of Anthroposophy Worldwide. | *Justus Wittich, Goetheanum*

Image Connecting education and basic food supply: potato harvest at Mbagathi Steiner School (KE), by Lin Bautze.

Rudolf Steiner

Joint responsibility

The second requirement [for esoteric training] is that we feel we are part of the whole of life. [...] We can only meet this condition individually, each in their own way. If I am a teacher and my student fails to meet my expectations, I should initially not direct my feeling against the student but against myself. I should feel at one with my student to an extent that I ask myself, "Is my student's shortcoming not the consequence of my own actions?" [...] With this inner attitude I will also look differently at a criminal, for instance. I will reserve judgement and tell myself, 'We are both human beings. I was fortunate enough to have had an upbringing that saved me from a fate like theirs.' [...] I will contemplate everything I had that the other person did not have; that I owe my good fortune to the fact that it was withheld from them. This will bring me closer to the idea that, as members of humanity, we are jointly responsible for everything that happens.

Source Rudolf Steiner: GA 10, Chapter 5

Refers to Our responsibility as human beings for world events

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■ PAUSE FOR THOUGHT

Presence

Being aware of our humanity

As a result of the Coronavirus measures, schools and educational institutions around the world are exposed to the impact of digital technology. One of the features of this technology is that it outpaces human achievements. If we don't widen our perspectives, we may lose sight of the very qualities that make us human.

Keep realizing your potential! That is the motto of education today. We can keep educating ourselves, discovering and creating. The expectations are so high that stress is almost the logical consequence. Alain Ehrenberg foresaw 'the Weariness of the Self' in 2008 (in his book by the same title). In order to avoid this from happening, one begins to look for safe ways of meeting the demands. One such way is informed by power and control. Anything that cannot be calculated and planned is questionable. The world is currently witnessing the large-scale installing of a control mechanism that reawakens the old belief that human beings and the world can be controlled.

The use of technology, which makes the realization of these principles possible, has a tacit precondition: its availability – and therefore excludes anyone who has no access to it or who finds using it difficult. There is also the danger of being reduced to what this technology 'can do'. Finally, it is discriminating when access to a teacher is a question of wealth, in the sense of 'machines for the poor, human contact for the rich.'

Effective through presence

This brings us to a second way of meeting the demands mentioned. This way is based on relationship. People we relate to don't punish or threaten; they are effective through their presence. They keep the offer of relationship open, independently of the other's behaviour. The control they exercise is self-control. They deal with transgressions without questioning the relationship. They consistently address the good in us.

In our struggle to deliver education as an art in the face of regulations and online teaching, there are moments when new qualities of humanness light up. Take the moment when a major challenge is only resolved thanks to teachers and parents working together: personal letters are written, phone calls made, tasks allocated. Or the moment when, after weeks of distancing, a student meets her teacher face to face again. In the words of the colleague, "There was a new



mutual awakening to the other – this is you!" A sudden conscious awareness of what is usually overlooked in the other person.

The vibrancy of the encounter

The description of the sense of 'I' in Lecture 8 of Rudolf Steiner's First Teachers' Course (GA 293) becomes tangible: in the immediacy of the encounter, in the 'vibrating' between sympathy and antipathy, between devotion and consciousness, we can perceive the essence of the other. For the older generation, too, there are such moments of 'becoming aware of the other in a new way' as we alternate between weeks of online meetings and real encounters. | Florian Osswald, Claus-Peter Röh, Goetheanum

www.goetheanum-paedagogik.ch

Florian Osswald, born in Basel (CH) in 1953, studied engineering; former special needs teacher at Camphill in Scotland (GB) and, following teacher training in Dornach (CH), Maths and Physics teacher at the Rudolf Steiner School Bern-Iltigen; international collegial consultant.



Claus-Peter Röh, born in Silesia (DE) in 1955; studied education; former class, music and religion teacher at the Waldorf School in Flensburg (DE); international lecturer.

Florian Osswald and Claus-Peter Röh have been leaders of the Education Section at the Goetheanum since 2011.

Image Teacher-pupil relationship, by Charlotte Fischer.



South Africa

Understanding the new world situation

On 1 May 2020 South Africa entered its second phase of lockdown after a month. Group meetings continue to be prohibited, eurythmy therapy is possible.

Anthroposophical meetings cannot take place; no group meetings can take place for religious, cultural or social purposes. Nevertheless, many anthroposophical articles and videos are circulated via the internet, particularly regarding information on the Coronavirus. Since essential medical services are allowed certain therapies such as eurythmy therapy can take place. Members of the School of Spiritual Science are encouraged to read the lessons at home. One battles to understand the new world situation.

Having been in the strictest lockdown for a month, some businesses have been allowed to open; one may now walk outside from 6 am to 9 am and there is a curfew from 8 in the evening to 5 in the morning

It is unfortunate that the government promises food for the poor and financial help for small businesses, a goal that can hardly be reached (the South African population is over 50 million) after proclaiming the lockdown laws. The cultural life is barely mentioned. Police try to enforce social distancing and the curfews. Long queues at the banks tell of the social grants for people who financially cannot survive. Many African foreigners cannot go back to their countries.

On 5 May surfers were arrested for standing with their boards and saying that they should have the right to exercise in the sea. We look forward to a relaxing of the laws, particularly for the survival of the poor and the boosting of the economy. | *Grant Ovenstone, Cape Town (SA)*

Image Grant Ovenstone, courtesy of



India

Overcome the darkness

India has a population of 1.3 billion, and it's growing rapidly. Any problem is thus magnified manifold. Spiritual work helps to purify the environment.

Because of the fear that the present situation of the Covid-19 pandemic could get out of control, the Indian government has introduced very stringent measures to ensure that the rules of the lockdown are far worse than getting infected by the virus itself.

In my city of Mumbai, with its population of 25 million, there are crowded slums where the people live very close to one another and there is no question of social distancing. Also, the daily wage earners and migrant labourers from other states, who have come to Mumbai in search of work, now find themselves without any money and are keen to get back to their homes far away, mostly in Uttar Pradesh and Bihar. However, that is easier said than done. The trains are filled to capacity, the inter-state buses are limited and the poor find no way out but either to walk hundreds of kilometres without proper food and drinking water, or to hitch rides on the highways in order to get back to their homes and families. Often they meet with police brutality. Many have died in traffic accidents on their way to their villages – and most recently sixteen workers were run over by a train near Aurangabad.

No doubt help is also forthcoming and there are NGOs and kind-hearted individuals who do what they can to ease the situation, but the sheer magnitude of the problem and the apathy of those in power make the entire picture bleak.

One does what one can to purify the environment. Eurythmy exercises like Halleluiahs, walking the form of the Crown, certain meditations and lectures by Rudolf Steiner and a lot of singing help to overcome the darkness. On the other hand, every cloud has a silver lining. Skies are clearer, nature is more vibrant and the air is less polluted. The incessant noise of the traffic is also lessened, making one more aware of the environment. | *Aban Bana, Mumbai (IN)*



Japan

Interconnected

Japan is strongly affected by Covid-19. The anthroposophical work continues, among other things, through newsletters – without Zoom or Skype conferences.

The epidemic came not only to us but spread all over the world very quickly. By 5 May almost 3.6 million people were officially infected and over 250,000 had already deceased. This means for us a strong warning against the materialism all over the world.

The pain of animals flew into the astral world and comes to the earth as Coronavirus. May the Sun power penetrate the earth! Rudolf Steiner says that 'bacterial illnesses' can be traced back to spiritual origins (GA 93a, lecture of 3 November 1905).

Many of our activities, such as the Class Lessons, seasonal festivals, seminars and the eurythmy school have been postponed, as has our annual conference (from St. Johns to Michaelmas). We don't use Zoom or Skype, since the spiritual reality is lost in them.

At Easter we translated a lecture by Rudolf Steiner and sent it to the members. We have translated articles about Coronavirus written by the Medical Section into Japanese and published them with mantras by Rudolf Steiner in a special edition of our newsletter *Anthroposophia*.

On 10 April the mantras of the eighth Class Lesson were recited at the same time in Dornach (CH) (11 o'clock a.m.) and in Tokyo (JP) (6 p.m.). In the face of the situation we felt the world as a spiritual circle. We really have a connection with one another.

We are requested to join in the fight between Michael and Mammon for the future of the earth.

| *Yuji Agematsu, Kawasaki-Tamaku (JP)*

Images center: Aban Bana, Sebastian Jüngel; right: Yuji Agematsu, Wolfgang Bach.

Goethe's Faust 1&2 at the Goetheanum

«We are going to perform»

The new production of Goethe's Faust 1 & 2 (director: Andrea Pfaehler) at the Goetheanum will go ahead: there will be three performances in July and one in October.

“The premiere in June cannot take place due to Coronavirus restrictions, but we will start in July and we will perform Goethe's Faust 1 & 2 in nine hours,” says Stefan Hasler, artistic director of the Goetheanum Stage, who is pleased about this news. “During rehearsal it has become apparent how fragile even the greatest certainties are – all the performers were struggling with this: they became Faust,” says Andrea Pfaehler of her impressions of the rehearsals, and adds,



“The daily work on Faust has become more fragile and has at the same time gained in strength, because the uncertainty on the outside has strengthened the ensemble's will to perform.” Justus Wittich of the Goetheanum's Executive Council finds that “the curtain has been torn: what will be shown on stage is what we are now experiencing in reality.”

The performances of the new production of Goethe's Faust 1 & 2, directed by Andrea Pfaehler, with Eduardo Torres responsible for eurythmy, will go ahead under the conditions that will then apply for public events. “We are preparing for possible sudden changes and ask for understanding if the organizational processes differ from what they usually are,” says Stefan Hasler.

The festival programme surrounding the Faust performances will offer the opportunity to share and discuss the events on stage and pursue key questions concerning the pandemic. | *Sebastian Jüngel*

Performances 10 to 12 July 2020, 17 to 19 July 2020 and 24 to 26 July 2020 (can be booked with the accompanying festival programme). In addition: performance only on 24 and 25 October. Ticket sales are due to open in mid-June

Web faust.jetzt

Image Two Mephistos: Barbara Stuten, Urs Bihler, by Lucia Hunziker

SCHOOL OF SPIRITUAL SCIENCE



Section for Social Sciences

What lies ahead

The restrictions imposed due to the pandemic are affecting the work of the Sections. All public events had to be postponed for an indefinite period of time.

Lectures and seminars, study groups and colloquia, the major congress ‘Social Future’ – organized in cooperation with the Anthroposophical Society in Germany, numerous anthroposophical associations as well as organizations of the civil society and scheduled to take place in the *Jahrhunderthalle*, a prominent cultural venue in Bochum (DE) – they all had to be called off. Years of work in vain.

Many efforts went into the attempt to find alternative dates and to reorganize speakers and venues. The work is increasingly moving online. Countless emails, questions and requests. We are spending almost all our time in front of a screen, with tired, square eyes, experimenting with new formats such as digital meetings, webinars and online lectures.

Above all there is the attempt to give orientation and to understand what is happening and why. Policies dictated by fear and defence. The discourse narrowed down to one single topic – and to one single dimension of looking at it and of acting. The basic right to human freedom curtailed to a never imagined degree. A freezing of the entire public, social and economic life – with dramatic consequences. A sense of the evil that could arise from this – and yet the firm knowledge that fear is wrong and the future open – which is why preparations are made for what lies ahead, focusing on the good that can come from this pausing and decelerating of our rapid, breathless civilization: the true crowning of the human being as a free, social, mindful and caring co-shaper of creation. | *Gerald Häfner, Goetheanum*

Web sozial.goetheanum.org

Illustration Work has shifted to the screen, by S. Jüngel

Youth Section

Finding meaning

The Youth Section provides forums for becoming active and prepares the next phase of the ‘Re-Search’ project as well as forthcoming events.

With all the measures taken due to Coronavirus, the question as to the meaning of it all looms large, because the effects of our social life are made so clearly visible. Together with young people all over the world, the Youth Section team is working on contributions that can help us to individually find meaning at a time like this.

Preparing for the time after the pandemic

Are we able to think of a time after the pandemic even now and live in ways that can help us to realize our ideals? We have invited young people around the globe to enter into a process of searching for their own answers (in writing or artistically) and of sharing their thoughts regularly. We would like to make the motives of young people visible and contribute to forming a substance that can carry us through this time; for an incredible force can grow wherever connections are forged and wherever there is a chance to meet with interest and share experiences.

Presently, the Youth Section work focuses on the second publication of its ‘Re-Search’ project. We are also preparing ways of participating in this research for young people who, due to their circumstances, have little or no access to education. We will start interviewing these youngsters and young adults in the summer.

Preparations for the 2021 conferences are underway: the February Days in cooperation with the Section for Agriculture, the International Students' Conference, a young people's School of Spiritual Science meeting, the Summer Academy, the postponed summer conference in Georgia and other initiatives.

A weekly study of the scientific foundations of anthroposophy and the question of the Youth Section as a part of the School of Spiritual Science inspire us to develop further contributions from the Youth Section. | *Ioana Viscrianu, Goetheanum*

www.youthsection.org

Image Ready to help: Klinik Arlesheim, by S. Jüngel



General Anthroposophical Section

The Gospel of Knowledge and basic research

The work of the General Anthroposophical Section is affected by travel restrictions for our co-workers and by the cancellation or changing of live events. And yet, jobs are getting done from event preparations to publications to new study courses.

Class Lessons: While physical meetings are not possible under the current conditions, initiatives for staying connected in thought and spirit are springing to life. In many places, members of the School of Spiritual Science have arranged to continue the individual inner work in order to keep the stream of the Class Lessons alive. One can feel the difference between working for oneself and knowing that one is spiritually connected.

Preparations for the Michaelmas Conference: The questions surging up at this time as to what is essentially human need to be addressed in future events. The General Anthroposophical Section at the Goetheanum and the Anthroposophical Society in Switzerland therefore extend a warm invitation to you for the Michaelmas Conference on 25 and 26 September 2020 in Dornach, which will focus on the sculpture of the Representative of Humanity and the Gospel of Knowledge. | Claus-Peter Röh, Goetheanum

Publications: At the Ita Wegman Institute for Basic Anthroposophical Research I finished writing two comprehensive monographs in the relative Corona stillness of the past weeks. They are dealing with socio-political aspects of medicine and the Institute's research into totalitarianism – and indirectly also with the challenges we currently experience. Both monographs will come out in June (in German).¹

In addition I have published articles on aspects of the current Corona crisis, most comprehensively in the journal *Kernpunkte* of 7 May 2020, in an article entitled 'A medicalized society?' (www.wegmaninstitut.ch/aktuell).

Three of the research assistants at the Institute are presently not able to travel into Switzerland. We are nonetheless working on preparing the future in these difficult times, be it in conversations within the Goetheanum Leadership and the General Anthroposophical Section, in our extensive correspondences or via Zoom conferences. | Peter Selg, Goetheanum

A special study programme: The international Anthroposophical Studies at the Goetheanum will offer a special programme in the autumn term, from October to December: 'Metamorphosis – Paths of Participation'. A variety of approaches will enable students to experience and practise the Goethean approach, in which knowledge is informed by what one seeks to know. The course will be devoted to the study of Rudolf Steiner's book *Goethe's Theory of Knowledge (GA 2)*, nature observations and biographies, artistic processes as well as questions of Christology and the impulses that shape the social life (cf. page 12). Invited are alumni and anyone with a deeper interest in a knowledge inspired by life and metamorphosis. The course language will be English. | Constanza Kaliks, Goetheanum

¹ 'Rudolf Steiner, die Anthroposophie und der Rassismus-Vorwurf. Gesellschaft und Medizin im totalitären Zeitalter' (Rudolf Steiner, anthroposophy and the racism claims. Society and medicine in the totalitarian age)

'Nach Auschwitz. Auseinandersetzungen um die Zukunft der Medizin' (After Auschwitz. Struggling for the future of medicine)

Web goetheanum.co/en/school/general-anthroposophical-section

Image Study course: including active, artistic processes, by Edda Nehmiz

Communications

Social media

The Goetheanum has used Facebook, Instagram and Twitter for some time, but from now on posts will not only go out in German but also in French, English, Russian and Spanish.

The Goetheanum has had social media accounts in German for some years. In February accounts in other languages have been added. Aside from news from the Goetheanum and from all over the world, you will find photographic impressions of life at the Goetheanum, its architecture and surrounding nature. A greater variety of themes is planned for the future. We invite you to follow us on these platforms in the language of your choice.

Here are the corresponding links:

German

facebook.com/goetheanum.deutsch
instagram.com/goetheanum_deutsch
twitter.com/goetheanum_faust.jetzt
dasgoetheanum.com

English

facebook.com/goetheanum.english
instagram.com/goetheanum_english
twitter.com/GoetheanumEN



French

facebook.com/goetheanum.francais
instagram.com/goetheanum_francais
twitter.com/GoetheanumFR

Spanish

facebook.com/goetheanum.espanol
instagram.com/goetheanum_espanol
twitter.com/GoetheanumES

Russian

facebook.com/_goetheanum.russian
instagram.com/goetheanum_russian
twitter.com/GoetheanumRU

The accounts are managed by Elena Borer, Louis Defèche, Xue Li, Jonas Lismont and Sofia Lismont. | Sofia Lismont, *Communications: Social Media*

Image Images of Instagram posts

SCHOOL OF SPIRITUAL SCIENCE



Medical Section

Medical expertise in infectious diseases

In webinars, articles and correspondence, the Medical Section at the Goetheanum makes its expertise in the field of infectious diseases widely available.

In early March, the Medical Section at the Goetheanum provided concrete proposals for the therapy and prevention of Covid-19 and sent this information out to all medical associations worldwide. Since then the Section has been in lively contact with colleagues sharing experiences of relevant therapies and therapeutic concepts. These concepts are continually adapted and refined. In addition, the Section leaders Matthias Girke and Georg Soldner are involved in a comprehensive correspondence on the topic.

They both are also active in their roles as experts: Matthias Girke for instance in a Covid-19 webinar of the Society of Anthroposophical Physicians in Germany on 24 and 25 April that focused on the question of infection. In addition, he and Georg Soldner have written articles, providing foundations for an understanding of viruses in general and of Sars-CoV-2 in particular. Their contributions to the weekly journal *Das Goetheanum* have been made available online. Georg Soldner's article *The Coronavirus* can be read in Dutch, English, Estonian, Finnish, French, German, Portuguese, Russian and Spanish and was viewed more than 160,000 times.

Reorganizing events that need to be postponed takes up much time. Events affected by the crisis are the congress on the Dignity of the Young Child (postponed to 19 to 22 May 2021) and a mistletoe therapy training for Indian and Thai colleagues. Preparations for this year's annual medical conference on 12 to 20 September at the Goetheanum continue as before so that this conference can go ahead as planned. | *Sebastian Jünger*

Web medsektion-goetheanum.org

Image Matthias Girke and Georg Soldner, by François Bonhôte



Section for Agriculture

Nature's power of renewal

Despite the restrictions imposed by the Coronavirus measures, the Section for Agriculture is as busy as ever and develops new forms of communication.

The outer isolation with the closure of the Goetheanum to the public asks us to nurture the health-giving sources of soul and spirit and to be consciously aware of nature's power of renewal. Because of the prevailing restrictions we are working mostly from home at the moment; some of us also work reduced hours.

Fortunately most of the Section for Agriculture's events are in the winter, which means that we are now preparing for 2021. This includes the Agriculture Conference 'Breathing With the Climate Crisis: Ecologically – Socially – Spiritually' in February 2021 and the Organic World Congress in September 2021. In addition, we review events and write articles, for instance for our Section Newsletter, or books such as that by Jasmin Peschke on nutrition. Other activities that continue as before include the preparing of conference presentations, the completing of project documentations, videos and publications and our accompanying of running projects such as *Living Farms*.

What is new is that we are developing new formats such as webinars for basic and further training as well as the communication of conference contents worldwide. We also use the time to move forward as a Section. Since our team has grown we need new processes and procedures which we develop together so that we can emerge stronger from this challenging situation.

You will find up-to-date information on our work on our website and platforms such as Facebook, Instagram and YouTube or in our Newsletter. | *Johannes Onneken, Goetheanum*

Newsletter www.sektion-landwirtschaft.org/en/ueber-uns/newsletter

Image Section for Agriculture: the Section team, courtesy of



Section for Agriculture

Finding balance in cooking

Even as the coronavirus measures restrict our lives, one place offers some balance: the kitchen. Cooking is an activity that speak to the senses and enhances our social life.

"What is good for me and my family? What should we eat to stay healthy? How do we find a little enjoyment, maybe even pleasure? What builds us up?" Jasmin Peschke knows the answers to these questions. With a doctorate in ecotrophology, Peschke is a member of the Nutrition Department of the Section for Agriculture at the Goetheanum and recommends that we do everything we can to strengthen our immune systems and our health. In her opinion, this includes meditation, outdoor exercise, enjoying the green spaces just outside our window, and even a white cloud against a blue sky – and last but not least a home-cooked meal.

"Cooking is an art that only we humans can master – especially now, ideally with the children", says Jasmin Peschke. After all, preparing meals appeals to many of our senses. The conscious perception of the food's colours and its presentation on the plate as well as the smell and, as we chew, the taste, are important sensory experiences that are already part of digestion. "Last but not least, the intestinal microbiome is nourished this way, and our immune system is strengthened", emphasizes the nutritionist. Freshly prepared meals from high-quality organic or biodynamic ingredients play an important role here. This is because they contain more secondary plant ingredients that promote health than conventionally grown foods.

All this can be done in a fun and playful way. "Some foods may surprise us: we can learn about ingredients, herbs and spices and their composition, even discover how to decorate dishes with blossoms. Beauty and creativity have a positive effect on our organism and do wonders for our soul." | *Sebastian Jünger. English by Bettina Hinds*

www.sektion-landwirtschaft.org/en/thematic-areas/nutrition-department

Image Growing strong with healthy food, by RitaE auf Pixabay.



Natural Science Section

Healing plants and bees

The Natural Science Section at the Goetheanum continues with its research projects, for instance on medicinal plants and on bees.

With all the worries and difficulties that Coronavirus and its consequences for society have imposed on us due to the restriction of basic rights, we also experience the blessings that the lockdown has brought for nature and human beings every day. It starts early in the morning before sunrise, when the sky in the east lights up in golden hues – and not a single contrail in sight. Will these experiences lead to lasting change – not out of fear but out of insight?

In tune with the season, the Natural Science Section's plant and bee projects are in full flow. Experiments planned in the winter now have to go out into the soil or onto the trees earlier than expected. As part of our search for a disease-tolerant St Johnswort, to be used in the production of medicines, we sow and test many varieties from the Swiss gene bank. Using alchemical methods, a preparation is made from gold that will then serve as a fertilizer for scarlet beebalm – a method applied by biologists, physicians and pharmacists to enhance the plant's healing power.

As early as April, and in cooperation with the local Dorneckberg Forestry, the first bee swarms could be caught and installed in special containers at a dizzying height. Trees with hollows that are suitable for being colonized with bees are rare.

The season is also alive in our weekly meetings, invoked by our conversations on the weekly verses. Most of us in the Section are physically present, others join us via Zoom. | *Johannes Wirz, Goetheanum*

Web science.goetheanum.org/en/

Image Beehives high up on trees, by Johannes Wirz



Section for the Performing Arts

Working conditions

Stefan Hasler is in contact with his colleagues worldwide on how the artistic, pedagogical and therapeutic work can be continued

Given that teaching has moved to the family home, eurythmy teachers and therapists ask themselves how they can effectually reach their students through the media. What is frustrating for them is that no real warmth can be created without physical presence: warmth of movement and of the eyes, warmth that can only be created in a group. "The warmth of the air is necessary so that something can really grow between people," is how Stefan Hasler summarizes the problem. On the other hand, teachers welcome the fact that the young people are challenged and have become more independent in the way they work. It is not clear yet how much importance is assigned to the arts in our present society. Freelancers suffer most from the difficult working conditions.

The eurythmy and speech schools allow their graduates to complete their training. It does not matter that they cannot come to the Goetheanum for this; what matters is that they find solutions that suit the situation in their particular country. Graduates should receive a qualification that enables them to practise their profession, but at the same time a record needs to be kept on what needs to be caught up with later: there are certain competences essential to the artistic work that can only be acquired in a group process.

The projects of the Eurythmy Research Institute are continued, such as a commentary on GA 279 (*Eurythmy as Visible Speech*) and the work on the Apollonian Course. | *Sebastian Jüngel*

Web srmk.goetheanum.org/en

Image Stefan Hasler, by Wolfgang Held



Humanities Section

More than 'bare' life

Faced with the lockdown, the Humanities Section at the Goetheanum is finding new ways of working and is concentrating on publications, conferences and research projects.

In February, just before the lockdown, it was still possible to hold the East Asia Conference (Anthroposophy Worldwide 4/2020) and the conference on Rainer Maria Rilke that was devoted to the theme of 'death'. The pausing enforced by the restrictions has led the Section team to ask what it is that seeks to newly come into being – and this includes new forms of working. Now we are in the process of assembling an international Section faculty and of completing publications on transhumanism, the Foundation Stone Meditation and the research project 'The humanizing effect of literature'.

Sadly, the Whitsun Conference on the Goetheanum Glass Windows has to be postponed to 2021. We are looking forward, however, to the conference on 'Esoteric Science' from 6 to 11 July. We are also preparing next year's conferences and research meetings.

The Goetheanum Leadership has developed cross-sectional research projects for which we will assemble working groups that will also cooperate with other institutions. Topics covered will include the physiological effect of language; technology and transhumanism as a challenge for humanity; beauty and art as a field of experience in the encounter with living forces.

The current crisis shows us at an existential level that being human involves more than just 'bare' life. It is therefore crucial that, based on an awareness of human wholeness, anthroposophy, literature, philosophy, history and art make themselves felt more profoundly and decidedly as individualizing disciplines in culture and civilization. | *Christiane Haid, Ariane Eichenberg, Goetheanum*

Web ssw.goetheanum.org/en

Image Glass window sketch by Rudolf Steiner (detail), courtesy of

Class Lesson transcripts

Becoming a responsible community

A new edition of the School of Spiritual Science's Class Lessons has come out as GA 270 and will soon also be published for the first time in German and English. These texts will then be available to Class members to work with and to anyone who is interested in them.

Readers of the Class Lessons will come across an 'occult law' described by Rudolf Steiner, which states that, once published, the meditations conveyed in these lessons lose their effectiveness. What has the work of the First Class of the School of Spiritual Science at the Goetheanum been guided by since these conditions changed in 1992?

One essential point made by Rudolf Steiner on 28 December 1923 was already quoted in the preface to the publication of the Class texts in 1992: "This spirit of the time cannot tolerate outer secrets, while it can cope quite well with the inner secret" (GA 260, 1994). The inner secret needs fostering because it is of particular importance, especially now that the texts are public. It lives in the will of Class members to be representatives of anthroposophy and encompasses the inner development and self-knowledge "that seeks to guide the spirit in us to the spirit in the universe" (GA 26, first Leading Thought). A community of responsible individuals emerges that has the will to do this work as its substance.

Aspects of effectiveness

While the effectiveness of individual meditative work remains untouched by the meditations' publication (Rudolf Steiner published the Rosicrucian meditation, for instance, presumably without its effectiveness being diminished), the effectiveness of meditative work is endangered when pursued by a larger group of people. The individual work is accompanied by the person's spirit being; with the communal work not only the angel of each individual, but a spirit being from the hierarchy of archangels can connect itself. This is why Michael, a spirit of time and archangel, is addressed as the School's leader.

Very soon after Rudolf Steiner's death the School's original coherence was disrupted considerably and the restrictions to its effectiveness continued through the following decades. Now we are no longer required to hold on to traditions that have lost their former validity – because "the world cannot tolerate outer secrets". What is consequently needed more than ever – as Jürgen Smit pointed out – is the will of those who are, or wish to become, members of the School of Spiritual Science to form, in every moment anew, this worldwide association of 'sisters and brothers', this chalice; to promote it and thus make it effective. This chalice comes

into being as we as individuals seek for truth in knowledge, through the meditative mood of our inner work and the earnest endeavour not to forget that we are active members of this School. All these are essential preconditions of effectiveness.

From mouth to ear

The Class Lessons, which are conveyed 'from mouth to ear', allow us to sense the connection with the spiritual world and the Michael being – and therefore with the source of effectiveness. This source is tangible: we may therefore ask whether the life force of anthroposophy that has been so impressively apparent in the past hundred years, transforming the cultural and social life, is not connected with this work of the School of Spiritual Science and its Sections. Not only 'earthly helping hands' are at work here but those of the dead as well, of those who went before us. Against this background it becomes apparent that the work of the School of Spiritual Science has an effect not only on individuals but above all on humanity as a whole. The School is consequently a global working community that, in this sense, can develop a 'non-publishable' quality and effectiveness and that has clear terms of admission.

It will only unfold its potential, however, if it is carried by the Anthroposophical Society and if it sees itself as the 'soul' of this Society. Other active groups may well achieve much that is good; but for the effectiveness described it needs the connection of a social body (the Anthroposophical Society) with its soul (School of Spiritual Science) and its spiritual being, which is implied in the name 'Michael School'. A healthy union of body, soul and spirit is essential for the strong and fruitful effectiveness that is so very important for the next hundred years of the anthroposophical cultural impulse. | *Matthias Girke, Goetheanum*

www.steiner Verlag.com

The First Class of the School of Spiritual Science

Paradigm shift

"The Anthroposophical Society sees the School of Spiritual Science as the centre of its activities" – this is what it says in the founding statutes of 1923/1924 and it still applies today. In the course of the year 1924 Rudolf Steiner described the conditions for this new kind of School and established the first of three intended classes along with several specialist sections. While the publications of this School are public, the mantras of the First Class were for many decades only accessible ('from mouth to ear') to members of the School of Spiritual Science; the transcripts of Rudolf Steiner's words only to the responsible Class holders.

After Rudolf Steiner's death the School's impulse was kept alive beyond World War II (see the presentations on this by Johannes Kiersch and Peter Selg); it was further developed by Jürgen Smit, among others, and increasingly built up in other countries and cultures.

In 1992, the then Leadership of the School of Spiritual Science decided together with the administration of Rudolf Steiner's estate (*Nachlassverwaltung*) to publish all the texts and mantras before copyright expired in a large-format first edition that was difficult to access. The Rudolf Steiner Verlag in Basel (CH) has now published a revised and annotated edition of the Class Lessons in one volume. It includes all notebook entries and blackboard drawings and constitutes volume 270 in Rudolf Steiner's complete works (*Gesamtausgabe*). | *Justus Wittich, Goetheanum*

■ GOETHEANUM

Goetheanum Press

A healthy first quarter

Following restructuring in 2019 the Goetheanum Press (Verlag am Goetheanum) has managed to break even at the end of the first quarter of 2020 and the book production has increased.

The closure of bookshops as a result of Coronavirus restrictions has not impacted negatively on the Goetheanum Press' sales in Germany and its internet sales have even gone up. One contributing factor has been the Newsletter that now advertises the Press' wide range of publications. Only in Switzerland sales figures have dropped. Following restructuring in 2019, the publishers have broken even in the first quarter of 2020. The managing director Thomas Didden thinks that the low point has been passed.

Busy book production

In celebration of 100 Years of Anthroposophic Medicine, the Goetheanum Press, in cooperation with Salumed Press in Berlin (DE), brought out volume 1 of a commentary on Rudolf Steiner's First Medical Course (GA 312) by Peter Selg and Péter Barna. The book was published [in German] just in time for the Medical Research Conference at the Goetheanum, which could still take place just before the lockdown. The volume focuses on the historical foundations. The second volume, which is expected in September, will discuss the first three lectures of the Medical Course in the light of current research. Further volumes are planned.

The second volume of *Die Würde des Kindes* (The Dignity of the Child), edited by Michaela Glöckler and Claudia Grah-Wittich, deals with the first three years of childhood. It has come out in time for the childhood conference that now had to be postponed to 2021.

Angelika Feind-Laurents explores the life and work of the Swiss musician Joseph Gunzinger, the former head of the Performing Arts Section at the Goetheanum.

Hans Hasler's guidebook on the Goetheanum has been fully revised for a new edition that will be available in Chinese, French, German, Japanese and Russian. Translations into other languages are still available in the former edition. A history of the sculpture of the Representative of Humanity by David Hornemann and Mirela Faldey will come out in the autumn. | *Sebastian Jüngel*

Register for the Newsletter (only available in German) at goetheanum-verlag.activehosted.com/f/2

*Building Administration*

Transformation of a building

Making metamorphosis come to life – a first exhibition site will illustrate the development from the First Goetheanum to Rudolf Steiner's model for the second building.

This site will be in close vicinity to Rudolf Steiner's Studio. The model of the First Goetheanum (on a scale of 1:20), created with great diligence by Rudolf Feuerstack and his helpers over a period of more than 25 years, is a research project commissioned by the Goetheanum Building Administration. It will be embedded in an exhibition to be designed by Pieter van der Ree and François Croissant.

The model's current location near the wooden sculpture of the Representative of Humanity was part of a workshop project conceived in 2010 that was provisionally limited to five years. The project has been supported by an association as well as interested individuals and visitors. So far, the model's relocation to a more suitable site has been postponed again and again, not least for financial reasons.

Despite the financially tight situation, preparations are now underway for converting the left Schreinerei Südsaal (south room) and for a remodelling of the forecourt area. Work on these projects is due to start in early June 2020. The idea is to display the model in a suitable environment, with information that will bring to life the historical development from the first Goetheanum to the design of the second building. The exhibition is due to open towards the end of the year.

Four further exhibition sites are planned, spread across the Goetheanum campus, that will show variations on the theme of metamorphosis in the work of Goethe and Steiner. | *Susanne Böttge, Goetheanum*

Image Rudolf Feuerstack's model of the First Goetheanum, by Susanne Böttge

■ WORLDWIDE

*World*

No access to education

The Friends of Rudolf Steiner Education are supporting Waldorf Schools affected by the Coronavirus restrictions and provide emergency education.

In March and April more than 1.5 billion children and adolescents around the world had no access to education. One may think that lessons just continue online, via video conference etc. But there are regions where this is not possible because people have no computers, smartphones or even a reliable internet connection. And yet, teachers are creative there, too: they take lesson materials to the children, and often also food and soap. In many countries parents are left without work and can no longer support their families (sufficiently). This means that they are struggling even more than usually to pay school fees. For schools that anyway largely depend on donations from abroad and that receive no state funding, this can cause serious problems. The organization *Friends of Rudolf Steiner Education* have therefore set up a special fund.

In addition, they offer aid within the context of their provision of emergency education. The media reporting and lockdown measures can be quite traumatizing. Stress and anxiety weaken the immune system and can therefore make people more prone to physical or mental illness. Aside from their international activities the 'Friends' have set up a hotline for Germany that can be contacted by phone (+49 721 680 78 66 22) or email (notfallpaedagogik@freunde-waldorf.de). They also publish video clips on YouTube, offering information and practical advice. | *Christina Reinthal, Berlin (DE)*

www.freunde-waldorf.de/en/donate-help/urgent-appeal-mitigating-the-consequences-of-the-corona-crisis/

Image Empty classrooms: Zenzeleni School in Khayelitsha (SA), by Zenzeleni School for Creative Education/Freunde der Erziehungskunst

■ FORUM

The editorial of the newsletter of *Anthroposophy Worldwide* 5/2020 received some feedback. Here is a reminder of the editorial's main points:

1. *Keeping your head (and heart) free for something other than Corona. There are so many important topics and themes that can nurture us.*
2. *Filling the empty spaces that have emerged creatively (so they don't 'fall into disrepair' like a deserted house), for instance by continuing to clean or walk through the rooms and corridors of an institution even if it is closed to the public. And be mindful of other empty spaces: how do I nurture my inner soul space? What thoughts do I take in consciously? Am I listening to what my body needs?*
3. *Fostering my connection with the sensory world, taking in the natural world which is 'real' in a more existential way than the digital world and vital for the development of my soul and my 'I'.*
4. *Keeping up a sense of humour and joy in life: totalitarianism is when you are not allowed to laugh.*
5. *Start preparing the future now: think about and plan reopening celebrations. Reflect on what to do if something happens that you don't consider appropriate.*
6. *There are many people who are active and productive, many whom I don't know and whom I may trust. I am not alone.*

1. Be aware of when you, or others, become fearful or aggressive (in relation to the so-called pandemic). This creates gateways (openings) for the adversary forces to enter.

2. Fear and aggression can be triggers, as a result of the previous earthly life.

3. It is important to have long breaks from information. Remember that we are in the Michael age and that Christ is at work in the etheric; turn there willingly and with the full power of conscious-

ness. From there alone comes the strength we so urgently need.

4. The political posturing is an attack on all of humanity.
5. It is an attack on the human individuality.
6. It is an anti-Christian impulse that even closes churches in times of need.
7. It is a fight against the centre – geographically, individually and in relation to the Christ impulse. | *Rainer Schnurre, Hildesheim (DE)*

Walking in the vineyard yesterday, / A reassuring picture came to me: / On every side I saw old walls / Surviving crisis and upheavals / As long as no one tears them down / - unheard of - for financial gain. / A little flower fresh with dews / Delighted me: uncrushed, it used / The gaps between the stones to tether / Its roots there firm through wind and weather. | *Frank Jentsch, Stuttgart (DE) (translated by Matthew Barton)*

Our consciousness of the boundary of the human being is now changed from the surface of our skin to now being an air and moisture 3 foot radius bubble. So the human being is forcefully being made aware of the mixture of air and water that we exchange with each other and our surroundings. How does one influence the environment as we walk over the earth? How do we relate chemically with those we ride in elevators with? It's the first step towards attaining consciousness of the life force we carry with us. | *Tom Wilkinson, Enfield, Connecticut (US)*

Music in nature

Since 23 April Christian Ginat has been playing his viola in the Goetheanum Park at 6.30 on Thursday evenings.

Sebastian Jüngel What do you experience when you play in nature?

Christian Ginat It started when I was looking for an uncomplicated way of playing music, because I have time for practising (!), and I want to offer some degree of resistance, however small, to the enforced banishment to isolation of all things cultural. Inspired by the work of Hans-Christian Zehnter and Dirk Kruse I have developed an interest in a dialogue between culture and nature, between music and landscape.

Open to the spirit

Jüngel Sound travels well in nature, and seems almost clearer from a distance of 20 or 30 meters than from only five meters. Your viola could even be heard from behind the Felsli hill. Why is that?

Ginat When a place like this – shaped to an equal extent by buildings and roads and by plants and trees – offers such a special acoustic, it is as if the tone is enlivened, or redeemed. Sound always arises in the conversation between space and instrument, and in the mood of this acoustic dialogue we can sense the weaving of (nature's) spirituality. This explains what you have observed as the resonating environment.

Jüngel You play Schlesinger Scales and music by Heiner Ruland as well as your own compositions. For me, these kinds of music merged more easily with the natural surroundings than the more strongly formed composition by Johann Sebastian Bach. Even the accidental rustling of the wind in the trees and the humming of a bumblebee nearby became music within me. Is there a type of music that goes better with natural and another that goes better with cultural spaces?

Ginat When one plays classical music one feels strongly affirmed by the tones. This does not have to lead to the selfishness, of which Friedrich



Nietzsche, for instance, speaks, because one can make it available to the composition. But with the more recent music one has the impression that the tone itself is open to the spirit. This can assume all kinds of forms: for years, a composer friend of mine could only ever 'tolerate' very soft tones. Others – like myself – love the finer nuances of the intervals that the Schlesinger Scales provide if used undogmatically and the composition is generally less firmly structured.

Welcoming fellow musicians

Jüngel How does your instrument react to the weather conditions?

Ginat I'm playing on an ash wood viola from Arthur Bay, with steel strings; they are relatively 'robust'. Even the rosined bow reacts to every change in humidity ...

Jüngel What else have you observed?

Ginat I have called this attempt 'Culture at the Pond' and am excited to see what fellow-musicians will join me: I would welcome company very much. I am dreaming of stairwell concerts inside the Goetheanum!

Contact
christian.ginat@gmail.com

Image Christian Ginat playing his viola, by S. Jüngel

27 January 1925 • 12 April 2020

Klaus Dumke

Klaus Dumke was born on 27 January 1925 in Korbach (DE) as the youngest of four children; he had a sister and two brothers. His father was a physician and obstetrician; his mother looked after the family. Klaus Dumke grew up close to nature. When he was fourteen his parents relocated to Schildau (DE). Even before he finished school he was drafted into the army in 1943 and posted to Southern France and Italy as a radio operator. His most dramatic war experience was the explosion of a grenade very close to him. This event, which occurred near Roccasecca Castle, the birthplace of Thomas Aquinas, was something that occupied him until the end of his life.

Medical work

After serving time as a US prisoner of war, Klaus Dumke completed his secondary education and went on to study medicine in Würzburg (DE). There, he also met his first wife. They later married and started a small family in Frankfurt (DE).

In 1952 Klaus Dumke went to Dortmund (DE) where he joined a group of physicians around Hermann Keiner. He acquired his license to practise medicine in the local hospitals which meant that he was very familiar with the city's medical landscape. In 1958 he took over the practice of Hermann Keiner. This was the beginning of intensive medical activities that included the writing of numerous medical articles on healing plants, anthroposophic therapies, on infections – in particular on Aids. He also pursued his interest in occult epidemiology and moral virulence.

Klaus Dumke had met anthroposophy as early as 1942 – a meeting that was not without danger at that time. In Würzburg (DE) he soon established contacts with other active anthroposophists.

Responsible positions

Klaus Dumke was not only active locally but more widely within the Anthroposophical Society in Ger-



many; he was a council member for more than twenty years. In 1964 he started giving seminars for nurses and medical students in Järna (SE), a task he continued for over twenty years. In the mid-1970s he co-founded the Pedagogical-Social Centre in Dortmund (Hermann Keiner Haus) and was active on several of the Centre's committees.

Klaus Dumke's open-mindedness was both a gift and a temptation to spontaneously pursue his many interests. His greatest strength was the ability to communicate with others directly at a soul level. His lectures were imbued with imaginative thoughts. His sense of humour often helped him to overcome the severe episodes of illness that afflicted him in the second half of his life. Inwardly strong and healthy, he suffered from progressive arthritis, mostly of the lower limbs and spine.

He was supported in all his activities, including his medical practice, by his second wife, Marianne. | *Hans Christoph Kümmell, Aachen (DE)*

Image Klaus Dumke, courtesy of

Membership News

We have been informed that the following 36 members have crossed the threshold of death. In their remembrance we are providing this information. | Membership Office at the Goetheanum

Hilde Janke Koblenz (DE) 23 September 2019
Helga Rabe Munich (DE) 21 November 2019
Enid Janssen Essen (DE) 1 February 2020
Elke Hoffmann Detmold (DE) 2 February 2020
Michael Wachsmuth Munich (DE) 8 February 2020
Erika Kaiser Munich (DE) 11 February 2020
Gertrud Weis Munich (DE) 13 February 2020
Jonny Kløften Solovær (NO) 16 February 2020
Karl-Heinz Tritschler Weimar (DE) 6 March 2020
Bernard Nesfield-Cookson Stonehouse (GB) 18 March 2020
Frederick Jones Llanelli (GB) 20 March 2020
Helmut Kalo Dahme (DE) 20 March 2020
Gerhard Meighörner Munich (DE) 28 March 2020
Brunhilde König Öschelbronn (DE) 29 March 2020
Ton Schepman Sint Jansteen (NL) 1 April 2020
Linda Frömming Reinach (CH) 2 April 2020
Christine Schmidtchen Stuttgart (DE) 3 April 2020
Rosmarie Kaspar Oberentfelden (CH) 4 April 2020
Michael Wispler Borchten (DE) 4 April 2020
Klaus Ruge Winterbach (DE) 5 April 2020
Edwige Vidal Mornant (FR) 6 April 2020
Pavel Syrkow Balaschicha (RU) 7 April 2020
Clara Schwarz Kiel (DE) 8 April 2020
Gennadij Parchomenko Moscow (RU) 9 April 2020
Gisela Storto Trier (DE) 9 April 2020
Klaus Dumke Dortmund (DE) 12 April 2020
Lieselotte Essmann Rotenburg (DE) 16 April 2020
Una Lewers Winsford (GB) 17 April 2020
Wolfgang Wünsch Bremen (DE) 17 April 2020
Helga Beeck Niefern-Öschelbronn (DE) 18 April 2020
Joachim Kanski Wuppertal (DE) 18 April 2020
Nelly Doyon Walkringen (CH) 25 April 2020
Ingeborg Thorsen Ahrensburg (DE) 1 May 2020
Friederike Hofmann Überlingen (DE) 2 May 2020
Franz Wissneth Jar (NO) 5 May 2020
Dorothea Merkle Lucerne (CH) 6 May 2020

In April 2020 the Membership Office at the Goetheanum registered 41 new members. 22 left the Society between 10 April and 8 May 2020.

General Anthroposophical Society

Detailed financial statement

The detailed financial statement of the General Anthroposophical Society, which was not available yet for the AGM's originally scheduled date in April 2020, can now be accessed at www.goetheanum.org/login (choose language in top right hand corner). The statement complements the report published in *Anthroposophy Worldwide* 4/2020, p. 4f.)

■ FEATURE

Study and Further Education at the Goetheanum

Knowledge is participation

The Goetheanum's Study and Further Education programme encourages self-reflection and flexibility. New questions arise as a result of the Coronavirus measures and events need to be rescheduled. This means that each term of the academic year starting in October 2020 can be attended separately and without pre-conditions. The Goetheanum's Adult Education Programme and Leadership Course will only start in 2021.

Goetheanum Anthroposophy Studies

“Transformation is required in all spheres of life”

The study courses at the Goetheanum have been adapted to the current conditions. The first term of the academic year 2020/2021 is about finding ways of actively dealing with uncertainty.

“Transformation is required in all spheres of life,” is how faculty member Constanza Kaliks describes the task we face due to the Coronavirus. Transformation, or metamorphosis, occurs as we move from something that exists towards something we don't know yet, something that may only come into being as we approach it. How we deal with the experiences on this journey will change us and the world.

The present phase of uncertainty is challenging. The faculty's approach is to accept and shape this situation. The first term is a response to the question as to how we can practise dealing with uncertainty in life: by having the will to develop, observe and take action. This starts with our perceptions of nature with its seasons, of other people and of cultural achievements. They enable us to connect with a reality that lies outside our own immediate sphere of influence.

Active engagement leads to transformation

Perceiving others as well as our own being – for instance by studying biographies – makes us aware of the effectiveness of our own actions. Robin Schmidt, an adult educator and lecturer on the Goetheanum study courses, knows from experience that “In the way we approach each other and the situation we learn about participation. Pursuing this actively leads to personal transformation.”

Matthias Rang, co-leader of the Natural Science Section at the Goetheanum, illustrates how the methods of Goetheanism can give us direction. In addition transformation can also be practised through artistic activities which give visible expression to impulses. | *Sebastian Jüngel*

Web studium-goetheanum.org/english-studies

Goetheanum Adult Education Program

“With the digital world we learn a new language”

The restrictions to learning caused by the Coronavirus make us aware of the basic conditions needed for the acquisition of skills.

“Our habits in connection with learning processes and the conditions for the acquisition of skills have been seriously called into question,” says Robin Schmidt, an adult educator and lecturer on the Goetheanum's study courses. According to Schmidt we now experience acutely how important sensory-physical presence is for the members of a learning group. Edda Nehmiz, another faculty member, adds that “If the encounter does not take place in a space that has been prepared but via digital channels, more individual responsibility is needed in order to create a personal learning space, because the lecturer has no influence on this.”

Dependent on human contact

Every medium has its own conditions. Digital spaces of communication tend to take us back to the sender-receiver model, because they limit the extent to which we perceive different sensory qualities simultaneously. According to Florian Osswald, an upper school teacher and lecturer on the Goetheanum Adult Education Program, “The social situation is central to learning – when we use the screen we mainly address the head.” He thinks that computers as a learning tool are discriminatory, because some families have little or no access, or for people with autistic spectrum disorders, for instance, who depend on direct human contact. At the same time we see how relaxed and confident young people tend to be in their approach to technology. Edda Nehmiz says, “We are in the process of learning something like a new language with the digital world. For acquiring skills it is important to speak the language best suited to what we aim to achieve in a given situation.” | *Sebastian Jüngel*

Web studium-goetheanum.org/gaep

Goetheanum Leadership Course

“Inspiring and complementing each other”

In addition to entrepreneurial skills, leadership of an enterprise increasingly asks for the ability to respond to external crises at various levels.

“When the world around us becomes uncertain – as is the case presently due to climate and finance issues and the Coronavirus measures – it is helpful to widen one's horizon by exchanging with others,” says Jean-Michel Florin, one of the lecturers on the Goetheanum Leadership Course. This course helps entrepreneurs to access sources of strengths such as self-leadership based on self-reflection and methods for developing inner freedom. The knowledge and skills of experienced colleagues are another such source of strength. The participants meet their need for sharing experiences by remaining in contact between the modules. Paul Mackay, a member of the Leadership faculty, has observed that “They greatly inspire and complement each other”. He sees it as a crucial precondition for entrepreneurship that “the inspirations conveyed become a part of life so that one not only knows things but is also enabled to act in situations one is not prepared for.”

Dealing with forms of fear

The demands on leaders caused by the Corona crisis are initially the same as those imposed by other crises: “to find the possible in the midst of the impossible” (Paul Mackay). An additional requirement is the ability to address co-workers in ways that make it possible for the enterprise to “remain healthy and on track and to act confidently,” says Jean-Michel Florin. Paul Mackay explains that “Dealing with forms of fear that affect us more deeply than concerns about our place of work is a challenge.” The way to achieve this is by showing interest. “When we are interested and when we carry a question over several days through the night, a working relationship emerges that is rooted in the cause itself and in our humanity.” | *Sebastian Jüngel*

Web leadership.goetheanum.org