

Once upon a time, there was a courageous, dynamic, innovative woman.
She had built a family with her husband and their four children.
She had worked as a teacher for 25 years.
She then became a farmer (22 years since the purchase of a farmhouse in June 2000), following the impulse of her childhood, influenced by her father, who was meticulous, perseverant, respectful and devoted to the land, and also inspired by the knowledge and experience she had acquired in biodynamics since the 1980s.
Now elderly and increasingly handicapped in her motor skills, she took stock of her life's questions, aspirations, goals and projects, all of which can be summed up in six key words:

WHO?

Georgette Deniger-Alary, aged 73

- active daily in the administration of the farm, its gardens and animals
- sole owner of Harmonia Farm (no official status)
- determined to create a large-scale, community-based ecological and eco-energy project
- working towards acquiring NPO status

WHAT?

16-acre agricultural space (1/2 arable and 1/2 forested) designed to create harmony between the Earth and the various kingdoms (mineral, plant, animal and human). The nature of the project is both agricultural and social-humanitarian: it aims to create a network of exchanges and multiple collaborations between families and single individuals wishing to base their food self-sufficiency on the sharing of their skills, knowledge and needs.

2. It consists of an existing residential space (10 + 3 x 1/2 rooms and a garage) and a planned extension to the rear (6 + 2x 1/2 with a large gallery). The plan for the extension has already been drawn up. The current home will be occupied by the family, who are committed to working full-time on this agricultural and social-community project. The extension will house the three current residents of the existing home, while the large enclosed gallery around and above will be used for gatherings (meals, celebrations and meetings) for network members.

3. These include a set of three buildings for animals, tools and seedlings; a set of fenced yards for animals and poultry; a hayfield; several vegetable gardens and several areas for rest, meals and games for network members.

WHEN?

Right now, for the immediate future of the generations and inspirations already actively motivating the first members of the network. From now on, while the mental alertness of the farm owner behind this project is intent on procuring the fair and equitable transferring and appropriate guidance of an agricultural community that respects the Earth and its inhabitants.

Where

In Saint-Mathias-sur-Richelieu in the Montérégie region of Quebec
236 chemin du Cordon
Saint-Mathias-sur-Richelieu
J3L 7C8

WHY?

1. To provide food self-sufficiency by and for as many families as possible committed to cultivating 8 acres according to the principles and practices of respect for the Earth, determining the right proliferation of what it can give and what it must receive.
2. To create harmony on Earth between the various kingdoms of Nature and for the benefit of several groups, families and individuals in need of sustenance and love in the Saint-Mathias-sur-Richelieu area.

HOW? A) Construction and layout:

1. A review and modification of energy supply measures with a view to creating an energy-efficient farm site (a separate hydro-electric meter has recently been installed for the farm buildings).
2. A new sanitary landfill site

3. A new extension to the current home
4. A vegetable cellar followed by a roofed walkway along the right wall of the current house, leading to a sales outlet for farm produce.
5. A mini-garage attached to the rear door (on neighbor Donald's side) of the current house to store an invalid carriage and several gardening tools.
6. A four-season underground greenhouse
7. A tent (20' x 30') with tin roof and canvas walls for large gatherings
8. A fountain ending in a watering place serving as a source of pure water for all plants and animals thanks to the flow of the water in a lemniscate movement created by this specially designed fountain.
9. Parking space (10 cars)
10. A raised area for observing the position of the sun
11. Outdoor play, rest and meal modules for young and old (structures and furniture).
12. A safe area for occasional bonfires
13. Improved shelters and fenced yards for poultry and animals
14. The development of all areas intended for the cultivation of edible, ornamental and medicinal plants in a context of safety, pleasure, respect and knowledge of the plant world, with the aim of reducing the lawn area to a minimum.

B) Maintenance and repair items:

1. Roofs, gutters, doors, windows and porches (house and buildings)
2. Drainage and watering of grounds and gardens
3. Electricity, heating, ventilation and plumbing (all must be inspected for new property insurance)
4. Sorting and storage in all farm buildings, yards and accessories

C) Tools, machinery and livestock

1. Repair of lawn tractor and snow blower
2. Purchase and installation of a generator (for emergencies)
3. Purchase of a farm tractor equipped with a shovel for transporting manure; this tractor will drive all the existing machinery needed for haymaking.
4. Purchase of an adapted vehicle with a roof to be used by the disabled farmer and her tools..
5. Purchase of shovels, pitchforks and small gardening tools
6. Restoration and operation of an existing smokehouse, dehydrator and BBQ.
7. installation of existing milking system (ewes)
8. Purchase of retractable, drip and swivel hoses
9. Purchase of geotextile fabric for vegetable protection
10. Production of fermented and sprouted foods and baby sprouts
11. Purchase of a sheepdog.
12. Annual purchase of three pigs, three calves, 60 chickens, 20 turkeys, 80 hens, 12 quails and 3 rabbits.

D) Recruitment through special events and demonstrations held at the farm promoting harmony in oneself and on Earth

1. Gardening
2. Animal care (hygiene and feeding)
3. Artistic activities: for example, observation of clouds or a stone to find an unsuspected object; draw a bird from a plucked center; create a collective poem from words given by the participants.
4. Use of appropriate words to name the elements of nature, using gentle, cordial words to communicate with others.
5. In all activities and at all times, develop our ability to create a nest of love and peace for ourselves and humanity.

Since then, the HAR MO NI A (ART MOT NID HA!) ("art.word.nest.ah!") farm has been revitalizing this network of exchanges of services and natural products, of gestures of warm welcome, of kindness and uplifting beauty.

*Six key words wrapped in the forward-looking power of Mark Twain's words: "They didn't know it was impossible, so they did it".

Evolutionary path

Always towards the goal

On the road towards the summit

Never doubt, oh no, never!

Things are no longer moving forward on the ground?

Then take flight

Go back to your roots

To your divine essence

Rise up into the light

Sow and plant your prayer

Walk, press forward, break through

Choose your answers

With kindness

Cultivate the alliance

Harvest, then spread

Boundless peace and joy

*Six keywords imbued with alternatives and new, metamorphosing concepts, despite all the 'in spite of's'

When your knees buckle

Rely on your hips

And your straightforward thinking

Invent a Sunday

When money goes missing

Look at the next step

Fiery deeds

Will bring conscious help

Assume abundance:

Create the difference

The True that reveals itself

Ennobles existence

*Six key words inspired by the Lord Jesus, Son of the Living God, who enlightens and guides every moment.

*In other words:

Free commitment
From twenty families
Living in harmony and blance
With the Earth that vibrates
Because they are teeming with life
Of the finest quality!

The voice of the future
Is the traditional silence
Of the farmer who is yet to come
The way of the future
Is the gesture of community
Unite and serve

Green energy
Open thoughts
Biodynamics
And permaculture
These are the seeds
Of the nourishment
We offer each other
From day to day

The essential thing
Is to remain awake
To truly see

The essential thing
Is to listen
To truly believe

To see the invisible
Is to perceive the light that guides
Towards harmony

Believe that the goal
Of true harmony
Is our duty
To know
To perceive
And to will
With art