

First of the 2026 Series of Webinars From the Natural Science Section

Saturday, Jan. 31, 2026, 1:30 pm ET, 10:30 am PT, 19:30 CET

Register: <https://secure.anthroposophy.org/eventReg.jsp?event=1134&>



Arie Bos, MD.

Will speak on

The Process Through Which Evolution Reaches Toward Autonomy and Freedom

Dr. Arie Bos was born in Delft in 1947. He studied medicine at Vrije University Amsterdam and has worked as a general practitioner of anthroposophically extended medicine from 1976 to 2012. During this time, he both taught general practice trainees at VU University Amsterdam and worked as the school doctor at the Waldorf school in Amsterdam. He is a member of the Medical Section of the School of Spiritual Science at the Goetheanum in Dornach, Switzerland.

Dr. Bos has written several books which have been well-received in the Netherlands. These books, written in Dutch, reflect his extensive work examining the connections between Rudolf Steiner's work and recent discoveries in contemporary science. His first book was published in 1987 about AIDS. His 2008 work in Dutch on human evolution and neuroscience, *Mind and Matter: The Evolution of the Self*, was chosen as one of the best popular science books in the Netherlands, thereby bringing Anthroposophy into the mainstream! This book will be available in English in May 2026 through Arie Van Ameringen's publishing house in Montreal, *Perceval*. Already available in English, *Inside the Brain Box, Why Humans are not Biological Computers* was published by Floris Books in 2017. It presents a lively, yet detailed picture of the brain and the organization of the self, made enjoyable by his witty conversational style. A shorter version, *Gebruik je Hersenen*, was written for adolescents.

Dr. Bos has recently co-authored with Dr. Majella van Maaren, a new book for physicians. It is one of a series of handbooks called *Bolk's Companions*, published out of the Netherlands by a group of Dutch physicians. It contains a more detailed and technical exposition of the specific anomalous, verified neuroscience findings in current scientific literature that dispute the generally accepted medical conclusion that the brain generates consciousness and that the notion of "free will" is illusory. He leads the reader through a careful method of proper conceptual thinking that provides the necessary tool for seeing the data clearly. This book, [*Consciousness, the Brain, and Free Will: a Phenomenological Perspective*](#) can be viewed for free from Sighting Kingfisher Foundation.

Details about these upcoming webinars will appear in subsequent communications.

- **Feb. 28** – Zoom presentation by **Steve Talbot** on his recent publication, *Organisms and Their Evolution: Agency and Meaning in the Drama of Life*.
- **March. 28** - Zoom presentation by **Dr. Arie Bos** will describe the many ways the last two decades of discoveries in the field of neuroscience were anticipated by Rudolf Steiner.
- **Date to be determined** – a conversation on Zoom among students of Anthroposophy, both young and old, on the subject of how science is seen in our time.
- Two additional zoom presentations by **Dr. Bos** are intended to occur **after** the in-person conference (see below).

Also: Announcing the date and location for the NSS Annual in-Person Gathering

April 30 – May 3 in College Park, MD – An in-person conference where members present their work on scientific topics and join in conversation with one another on topics such as Cosmic and Human Evolution as seen by modern science and by Spiritual Science. Our keynote speaker will be Michael Judge, presenting on evolution. More info forthcoming.