

What is

Eurythmy

Therapy?

**FREE
ENTRY**

A Public Talk on Eurythmy therapy, "a self-activating movement therapy that is among the most important treatment methods of Anthroposophic Medicine as an extension of conventional medicine."¹

**February 22nd, 2026 4-5:30pm
Roots on Whyte, Room 305
8135 - 102 St NW**

RSVP by February 20th, 2026

RSVP BY EMAIL



A Tribute to Ita Wegman's Lifelong Work in Healing. **Join us for a special session where you will explore:**

- The Origins of Eurythmy Therapy, Anthroposophy
- The Founders and the Timeline of its Development
- The Core Principles of This Healing Movement
- How Eurythmy Therapy Works to Address Illness



Facilitator: Simone Iafolla, BA (Psychology), qualified Eurythmist, is currently completing her master's degree in Therapeutic Eurythmy from Alanus University, Germany. She is undertaking her clinical practicum at Le Soleil Health and Wholeness Clinic and at the Wise Charter School.

¹ "Eurythmy Therapy", Medical Section, Goetheanum, February 15, 2026, <https://medicalsection.goetheanum.ch/ikam/eurythmy-therapy>