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2026

Ottawa Anthroposophical Conference

A Christ Seminar

**Saturday, October 3 &
Sunday, October 4**

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Polaris School and Centre
1805 de Gaspé Avenue
Ottawa, K1K 0A4

Over the course of Michaelmas weekend, four speakers will consider living aspects of the Christ, exploring:

- The Mystery of Golgotha: The primordial social impulse of our time
- Christ as the Representative of Man
- The Philosophy of Freedom: A Christ Path for the Present Time
- Recognizing the Logos Experience Active in our Daily Lives

Conference workshop choices on Saturday & Sunday afternoons include:

- Eurythmy: Logos embodied, exploring polarities
- An exercise in cultivating love for another person
- Form drawing: The Representative of Man
- Art of speech formation: Working with the prologue to the Gospel of St. John
- An imaginary walk and artistic activities to personally meet the Risen Christ
- Open conversation: In-the-moment expressions of inner life

On Saturday afternoon there will be a special presentation:

THE INCARNATION OF THE LOGOS, AN EPIC TALE OF CHRIST'S COMING TO EARTH
performed by storyteller Glen Williamson

Sponsored by:

***Confluence of Three Rivers – Ottawa Branch of The Anthroposophical Society
Polaris School and Centre***

2026 Ottawa Anthroposophical Conference

Agenda

Saturday, October 3

8:30-9:00am	REGISTRATION
9:00-9:15am	WELCOME <i>Speaking of the Prologue to the Gospel of Saint John</i> , Tim Nadelle (Room 1)
9:15-10:15am	LECTURE <i>The Mystery of Golgotha: The Primordial Social Impulse of Our Time, A Symptomology of Christian Love</i> , Rev. Marc Delannoy (Room 1)
10:15-10:45am	BREAK
10:45-11:45am	LECTURE <i>Christ, the Representative of Man</i> , Arie van Ameringen (Room 1)
11:45-1:15pm	LUNCH
1:15-2:15pm	CONCURRENT WORKSHOPS <i>Eurythmy</i> , CoCo Verspoor (Room 1) <i>Cultivating Love for Another Person: An exercise in 7 steps</i> , Tim Nadelle (Room 2) <i>The Forms of the Representative of Man</i> , Arie van Ameringen (Room 3)
2:15-2:30pm	BREAK
2:30-3:40pm	PERFORMANCE <i>The Incarnation of the Logos, An Epic Tale of Christ's Coming to Earth</i> Glen Williamson (Room 1) <i>* See poster on last page for more information*</i>

Sunday, October 4

9:15-10:15am	LECTURE <i>The Philosophy of Freedom – A Christ Path for the Present Time</i> , Tim Nadelle (Room 1)
10:15-10:45am	BREAK
10:45-11:45am	LECTURE <i>Where can we experience the Logos active in our daily lives?</i> , Dr. Kenneth McAlister (Room 1)
11:45am-1:15pm	LUNCH
1:15-2:15pm	CONCURRENT WORKSHOPS <i>Art of Speech Formation</i> , Julie Le Gal (Room 1) <i>The Walk to Emmaus – A Walk to Personally Meet the Risen Christ</i> , Claudia Pfiffner (Room 2) <i>An Open Conversation</i> , hosted by Ati Petrov (Room 3)
2:15-2:30pm	BREAK
2:30-2:40pm	SPEAKING <i>of the Foundation Stone Meditation</i> , Julie Le Gal (Room 1)
2:40-3:30pm	PLENUM hosted by Rev. Marc Delannoy (Room 1)

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Short Preludes to the Lectures

Saturday, Oct 3, 9:15-10:15am

LECTURE *The Mystery of Golgotha: The Primordial Social Impulse of Our Time, A Symptomology of Christian Love*

Rev. Marc Delannoy

Ivan Illich (1926-2002) was an Austrian Catholic priest and social critic known to a wider public in the 1970s from the books *Deschooling Society* (1971) and *Medical Nemesis* (1975). Already by 1968, it was clear to his superiors that Illich had discovered a secret, best left unsaid about the Church, and in June of that year, after a brief meeting in Rome, he was officially forbidden forever to celebrate the sacraments.

At the end of his life, he formulated this secret in the following research hypothesis: "The corruption of the best is the worst". He meant by this the corruption of Christian love...

My intention is to explore, with the help of Anthroposophy, Illich's insight as a symptom of our time, tracking the world historical centrality of Christian love within the emergence of modern State-run institutions. When de-coupled from its link with the Mystery of Golgotha, this love leads to dramatically contradictory results...

Saturday, Oct 3, 10:45-11:45am

LECTURE *Christ, the Representative of Man*

Arie van Ameringen

We will explore the history of the *Representative of Man* sculpture and its significance for the first Goetheanum as a modern path of initiation. Central to this is the question: How does the sculpture express the evolution of consciousness—through the Father, the Son, and the Holy Spirit—and introduce a new artistic impulse for the awakening of the soul?

A key theme of the talk will be the sculpture's revelation of balance and harmony between adversarial forces, as a path to redeeming them. This gesture of equilibrium offers a healing impulse of compassion and love for every human being in our time.

We will also consider the relationship between the sculpture group and the Foundation Stone Meditation, how both reveal the essence of willing, feeling, and thinking. The forces of the head and the forces of the heart meet one another in the sculpture's central gesture of focused will.

Finally, we will look at how the sculpture brings together the streams of the shepherds and the kings, uniting them "with single purpose" in a modern spiritual imagination.

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Short Preludes to the Lectures

Sunday, October 4, 9:15-10:15am

LECTURE *The Philosophy of Freedom: A Christ Path for the Present Time*

Tim Nadelle

The Philosophy of Freedom is, in its essence, a Christ path for our time. It leads us through a journey of human transformation that begins with the spirit-imbued awakening of a truth-seeking orientation in thinking, guides us into the conscious cultivation of our life of feeling, and culminates in practical training for wisdom-imbued, loving action. It shows us, in a practical, modern way, the path toward “loving one’s neighbour as oneself.”

In this talk, we will explore a selection of the many seeds for radical self-development that lie upon the ground of every page of this immense book, awaiting only a little water and light. How can we learn to perceive our own thinking – both in world observation and in meditation? How can we carry that most personal and solitary of soul forces, the life of feeling, into the region of the ideal? And how can we devotionally and pragmatically overcome those parts of ourselves that remain enslaved to lower impulses, so that we may genuinely practice acts of love?

Sunday, October 4, 10:45-11:45am

LECTURE *Where can we experience the Logos active in our daily lives?*

Dr. Kenneth McAlister

Our contemporary culture continues to push the tired disproven paradigm that we are “carbon units”, physical beings only, existing briefly in a solely material universe. Our science has enabled us to manipulate nature to our material benefit while frequently causing unpredicted harm in the process. This a consequence of exercising this power over nature while having limited understanding of all the elements involved. New findings in physics and biology are lifting the physical veil, revealing a wise and complex reality evidencing highly refined consciousness, guiding us to new sensitivities in our interactions with the world around us. The good news is that we have been gifted, as beginners, with the same abilities of transformative creativity that continue to shape matter, life, and consciousness. This quality, this potentiality, is the Logos. It is a presence enabling us to become more human as we awaken to our participation in evolution. We are doing this despite, and perhaps as a response to the many challenges in our personal and global lives.

Some of the newer discoveries in biology and physics challenging the reductionist or materialist paradigm will be explored briefly. We will spend most of our time together exploring where the Logos is working through human agency in transformative ways within our civilization today.

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Workshop, Performance & Conversation Offerings

SATURDAY AFTERNOON CHOICES

Eurythmy: “May the heavenly Word fill all my being” with CoCo Verspoor

Unfolding the mystery of the human being becoming, and experiencing in a living way the Logos embodied, through eurythmy movement and the Alphabet.

We will explore many polarities in eurythmy: gravity - levity, contraction - expansion, front - back, etc. We will learn eurythmy gestures for some vowels and consonants to open a new window into our experience of the prologue of St. John's Gospel.

Cultivating Love for Another Person: An exercise in 7 steps with Tim Nadelle

This workshop, drawn from Tim's book [*From Egotism to Love – An Applied Philosophy of Feeling in 7 Exercises*](#), invites us to take up love as an inner deed, consciously shaped. Natural affection arises unbidden, but “love thy neighbour” implies intention, a love consciously cultivated by understanding, purified through self-knowledge, and offered freely to another human being. In The Philosophy of Freedom, Rudolf Steiner explains how love emerges when a person has made a fulsome mental picture of the good qualities of another human being, qualities which others have perhaps failed to notice. This session turns toward that work.

Form Drawing: The Forms of the Representative of Man with Arie van Ameringen

In this workshop, we will work with straight and curved lines to uncover the motifs of tension and balance within the forces at play in the Representative of Man sculpture. Through close observation of the figures and the dynamic relationship between concave and convex forms, we will explore how these gestures reveal the deeper artistic impulse Rudolf Steiner brought in this sculptural group.

SATURDAY AFTERNOON PERFORMANCE

The Incarnation of the Logos with Glen Williamson

The Incarnation of the Logos is Glen Williamson's sweeping, one-man dramatic telling of the descent of Christ into earthly life — a story at once intimate and cosmic, tracing the long arc of expectation that comes to fruition in the birth of Jesus. Drawing on the Gospel accounts of Matthew and Luke and illuminated by insights from Rudolf Steiner, Emil Bock, and Edward R. Smith, Williamson weaves together prophetic traditions from many cultures, revealing the vast spiritual preparation that preceded the turning point of time.

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Workshop, Performance & Conversation Offerings

SATURDAY AFTERNOON PERFORMANCE (continued)

The Incarnation of the Logos ***with Glen Williamson (continued)***

With clarity, warmth, and dramatic presence, Williamson harmonizes the two Gospel traditions into a single living narrative, revealing how divine intention and human destiny interpenetrate in the childhood and youth of Jesus. The story culminates in the baptism in the Jordan, where the cosmic Logos — the creative Word — enters earthly existence, fulfilling the hopes of prophets and sages across millennia.

Performed with Glen's characteristic blend of storytelling, character embodiment, and spiritual insight, *The Incarnation of the Logos* invites audiences into a deeper understanding of Christ's coming — not as a distant theological event, but as a living drama that continues to shape the human soul.

SUNDAY AFTERNOON CHOICES

The Art of Speech Formation ***with Julie Le Gal***

In this workshop we will explore the life hidden inside our voices, sounds and words, working with parts of the prologue to the Gospel of St. John.

The Walk to Emmaus: A walk to personally meet the Risen Christ ***with Claudia Pfiffner***

The background for this workshop is a Bible passage where two disciples of Jesus walk to a town called Emmaus and spiritually meet the Risen Christ on the way (Luke 24:13-35). Artistic activities like singing, drawing, writing, and an imaginary walk will give our hearts an opportunity to open and the possibility for Christ to draw near.

Please bring pen, paper and coloured pencils if you have any. There will also be some available.

Open Conversation ***hosted by Ati Petrov***

The open conversation workshop is an in-the-moment expression of what is living in workshop participants when we come together. There is no theme, no question to answer, no prescribed agenda. The conversation might be inspired by a lecture or other conference content – but this is neither necessary nor expected. Meet with other conference participants and let's explore what is present for us as spirit inspiration and soul expression. Come with an open heart and mind and let us see what transpires.

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Biographies of Presenters

Arie van Ameringen

Arie van Ameringen is a longtime Waldorf educator and anthroposophist. After completing his schooling at the [International Waldorf School of The Hague](#), he studied biology and linguistics in Montreal and later earned a master's degree in linguistics at UQAM. Trained in Steiner-Waldorf pedagogy in Dornach, he taught for more than twenty years at the [École Rudolf Steiner de Montréal](#), working as both a class teacher and a high school humanities teacher.

From 2011 to 2018, he served as General Secretary of the [Anthroposophical Society in Canada](#), contributing to international collegial work and spiritual-scientific research. He is co-founder and director of [Les Éditions Perceval](#), a bilingual publishing house dedicated to anthroposophical and human-development literature. A polyglot and lover of classical music, he continues to lecture, translate, and support anthroposophical initiatives across Canada.

Ati Petrov

Ati Petrov was born in Sofia, Bulgaria and has been a resident of Ottawa for the past 35 years. She is a member of the Anthroposophical society and has been engaged with anthroposophy for 26 years. Her professional training and work are in the field of holistic medicine: Heilkunst, homeopathy, German New Medicine, Biofeedback and biography work. Currently she is also working on translations into Bulgarian of many anthroposophical books. This year, together with other members of our Ottawa branch, Ati helped organize the monthly Saturday meetings of the newly formed "Living Anthroposophy" discussion group, dedicated to the exploration of anthroposophy and our individual experience with it. Ati lives in Ottawa with her family.

Claudia Pfiffner

Claudia Pfiffner has worked as a certified public school teacher in Switzerland and Canada. In 2009 she moved to Sacramento, California to pursue a Master of Arts degree in Waldorf early childhood education at Rudolf Steiner College. After completion, she was employed at three Waldorf schools in the American South West before returning to Canada in 2018. This marked the beginning of several years of online and in person studies with the directors of the seminary of The Christian Community in Toronto. Claudia retired from teaching children in 2021 and has since focused on teaching adults. She is offering courses on the spiritual aspect of the human being, including Rudolf Steiner's basic exercises, Bible studies and classes on how to develop a personal relationship with Christ.

CoCo Verspoor

CoCo is a eurythmist and a practitioner of Heilkunst Homeopathy. She holds an artistic and a pedagogical eurythmy diploma from Eurythmy Spring Valley. She has taught eurythmy to children in Waldorf school, led many eurythmy workshops with adults in all walks of life, and continues to offer artistic eurythmy at conferences and performance events. She's currently completing her MA in Eurythmy Therapy.

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Biographies of Presenters

Glen Williamson

Glen Williamson is a treasure of the North American anthroposophical community — an actor, storyteller, and playwright who has devoted his artistic life to bringing spiritually inspired theatre to modern audiences. A graduate of The Juilliard School and trained in the Michael Chekhov acting technique, he helped found The Actors' Ensemble and New Directions Theater in New York City, appearing in numerous productions with both companies.

Glen's one-man play *The Boy Who Saw True* enjoyed an award-winning off-Broadway run and was named one of *Back Stage* magazine's five best plays of 1992. His adaptation *Beat the Devil! (Faust, the Whole Story)* won Best Adaptation at the United Solo Theatre Festival in 2011. Over the years, he has toured widely throughout North America and Europe, performing spiritually grounded works including *Kaspar Hauser: The Open Secret of the Foundling Prince*, *The Incarnation of the Logos*, *Beat the Devil!*, *The Kid Nobody Could Handle*, *Who Am I This Time?*, *The Gospel of John*, *Goethe's Tale of the Green Snake and the Beautiful Lily*, and *Aeschylus Unbound*, which he co-wrote with the late film star Mala Powers.

In 2014, Glen appeared as Johannes Thomasius in the full cycle of Rudolf Steiner's four Mystery Dramas at the Threefold Community in Spring Valley, NY — a landmark English-language production that drew audiences from across the continent. His sequel to these dramas, *Future Dawning*, is published by SteinerBooks and has received several lauded staged readings.

Glen recently produced a full-cast production of his new play *Fire in the Temple*, a powerful dramatic work about the final days of Rudolf Steiner's life. He has also begun performing his abridged readings of Vladimir Solovyov's *Antichrist* story. His ongoing collaborations with Laurie Portocarrero include touring dramatic readings of *Fire in the Temple* and other spiritually resonant works.

He has acted with the American Conservatory Theater in San Francisco and the American Stage Festival in New Hampshire, and continues to perform, teach, and create, offering his artistic gifts in service to anthroposophy and the renewal of sacred drama.

More information can be found at anthropostheater.com.

Julie Le Gal

Julie Le Gal is a Canadian actor, creator, director, and workshop leader with extensive training in the Michael Chekhov acting technique and Rudolf Steiner's speech formation. She has performed widely across Canada in ensemble, devised, and movement-based theatre, and has directed original productions grounded in imaginative and psychophysical work. Julie teaches Chekhov-inspired workshops for actors and educators, integrating Steiner's approaches to voice and gesture into her creative practice. She continues to develop new work and lead trainings that explore presence, embodiment, and the inner life of speech.

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Biographies of Presenters

Dr. Kenneth McAlister

Kenneth McAlister BA, MD, has sought for many decades to enliven the conventional framework of medicine and institutional life with the wisdom and practicality of anthroposophy. As a certified anthroposophical doctor, he has expanded his medical approaches to include anthroposophic remedies, nutrition, artistic and movement therapies, and meditation applied according to each individual presentation.

He was active professionally to formally establish a place for integrative medicine within the allopathic context of general practice. He was active over 25 years in establishing and nurturing [Hesperus Fellowship Community](#), dedicated to person-centered care of the elderly. He has appreciated how his idealism is deepened and tempered through the challenges of illness and on-the-ground community building. He enjoys music, composing, writing, gardening, and travel.

Rev. Marc Delannoy

Marc has taught in Waldorf schools or Waldorf inspired settings for twenty years in the Ottawa region as kindergarten, French, and music teacher. His interest in The Christian Community (Die Christengemeinschaft), a daughter movement of Anthroposophy, like biodynamic farming or anthroposophical medicine, led to studies at [The Seminary of The Christian Community in North America](#) in Toronto.

Marc was ordained as a Christian Community priest in March 2026 and will be sent to the Montreal and Ottawa affiliates which will become one congregation under his auspices during Advent 2026. A member of the Anthroposophical Society, Marc has been a regular lecturer at the Ottawa Anthroposophical Michaelmas Conference.

Timothy Nadelle

Tim discovered his spiritual home in anthroposophy in 1983 during a visit to a Camphill Community in Northern Ireland. He later met his wife, Magi, at Hill House, the meeting place of the Anthroposophical Society in Toronto. In 2017, he produced and acted in [The Portal of Initiation](#), which Magi directed.

He has delivered lectures, written articles, and led workshops on anthroposophical themes, including [The Philosophy of Freedom](#) and the cultivation of the feeling life. In 2025, he published [From egotism to love](#), drawing on Rudolf Steiner's indications for transforming the feeling life. (You can find it by going to amazon.ca and typing "Timothy Nadelle".) Tim holds a B.A. and an M.B.A., and his professional career has been in financial services.



Anthropos
presents

The Incarnation of the Logos

*An Epic Tale of
Christ's Coming to Earth*

The story of Jesus' birth, childhood and youth, as you've never heard it before.

Harmonizing the conflicting accounts of Matthew and Luke, this saga weaves the threads of many traditions into an intimate but also cosmic drama.

Adam and Eve, Moses, Adonis, Osiris, Isis, Apollo, Krishna, Buddha and Zarathustra all appear in this sometimes astonishing retelling of the greatest story ever told.

*Performed by World-Renowned
Actor and Storyteller*

***Glen Williamson**

*Appearing Courtesy of Actors' Equity Association

Saturday, October 3, 2026

2:30-3:40pm

Polaris School and Centre

1805 de Gaspé Avenue, Ottawa, K1K 0A4

Photo by Robb Creese

